

Create Your Own Complete Coffee Blends

Enjoy Delicious Recipes for the Day Ahead

GLYCOCAFÉ™ RECIPES



Hot Serving Suggestions

Add one GlycoCafé slimstick to 6-8 oz. of hot water. Stir well.



HONEY CINNAMON BUN

Add ½ teaspoon cinnamon and 1 tablespoon of honey. Stir in almond milk to taste.



CAFÉ CON ESPECIAS

Add 1 pinch cayenne pepper, ¼ teaspoon cinnamon, 1 oz. dark chocolate or 1 heaping teaspoon 100% cacao powder, and ¼ teaspoon vanilla extract. Stir in organic cream to taste.



Cold Serving Suggestions

Add one GlycoCafé slimstick to 6-8 oz. of cold water. Stir well.



CAFÉ DA

Pour 6 oz. coffee into a cup of ice, add ¼ cup of sweetened condensed milk. Stir.



FRUIT INFUSIONS

Complement with a squeeze of ½ of a lime and 1 tablespoon of extra virgin coconut oil. Stir. Add ice.



Add 1 oz. of peach or mango nectar. Stir. Add ice.

TIP:

Make ice cubes with your GlycoCafé coffee and add them to your favorite coffee recipes for extra flavor and health benefits.

TO EXPERIENCE THE WORLD'S MOST COMPLETE COFFEE, CONTACT ME TODAY!