















Mannatech OSP is easy as 1-2-3!

Optimal Support Packets (OSP) equips you with the very best foundational supplements Mannatech offers! This prepackaged trio of daily nutritional supplements takes the guess work out of the:

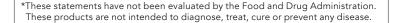
- Who: They are great for everyone
- What: We assembled three key essential supplements
- Where: The packet can fit in your pocket or purse to take along with you
- When: One packet every am and pm
- Why: Each packet provides an advanced nutritional and herbal support foundation for a healthy lifestyle*

So Much More Than a Multivitamin

OSP is specifically formulated to deliver head-to-toe wellness support for every adult.* Our prepackaged supplement system contains three of our core products designed to benefit your overall nutritional needs, key organ health support, and to stave off free radical effects.* Your twice daily OSP provides vitamins, minerals, herbs, Aloe vera and whole lot of self-care benefits.*

KEY POINT

Formulated to help protect against nutritional deficiencies and the effects of oxidative stress, Optimal Support Packets are an answer for life on-the-go no matter what your nutritional goals. OSP provides powerful antioxidant support to help protect your cells against the harmful effects of toxins, environmental stress, poor diet and daily physical stress.*





OSP Optimal Support Packets

Supplement Facts

Serving Size: 1 packet (approximately 6 g) Servings Per Container: 60		
Amoun	t Per Serving %	Daily Value
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Protein	2 g	4%**
Vitamin A (on hote coveters and refer des		0007
Vitamin A (as beta carotene and mixed carotenes)	750 mcg RAE	
Vitamin C (as ascorbic acid and acerola fruit extract) Vitamin D (as ergocalciferol)	225 mg	250% 50%
Vitamin E (as d-alpha-tocopheryl succinate	10 mcg 32 mg	210%
with mixed tocopherols and tocotrienols)	JE IIIY	∠ IU70
Thiamin (as thiamine mononitrate and from baker's year	st) 3 mg	250%
Riboflavin (as riboflavin and from baker's yeast)	3.4 mg	260%
Niacin (as niacinamide and from baker's yeast)	10 mg NE	60%
Vitamin B ₆ (as pyridoxal-5-phosphate	4 mg	240%
and from baker's yeast)	9	_ 10 /0
Folate (as calcium L-5 methyltetrahydrofolate	555 mcg DFE	140%
	mcg Folic Acid)	
Vitamin B ₁₂ (as cyanocobalamin and baker's yeast)	12 mcg	500%
Biotin (as biotin from baker's yeast)	150 mcg	500%
Pantothenic Acid (as calcium D-pantothenate and	20 mg	400%
from baker's yeast)		
Choline (as choline bitartrate)	25 mg	5%
Calcium (as calcium citrate-malate)	25 mg	2%
lodine (from potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, magnesium bisglycinate		80%
Zinc (as zinc bisglycinate chelate)	7.5 mg	70%
Selenium (as L-selenomethionine)	100 mcg	180%
Copper (as copper glycinate)	1 mg	110%
Manganese (as manganese glycinate)	1 mg	45%
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	570%
Molybdenum (as molybdenum glycinate chelate)	37.5 mcg	80%
Sodium	5 mg	<1%
Ambrotose® Complex	356 mg	†
Gum Arabic, Xanthan Gum, Gum Tragacanth, Arabinog	jalactan 🖁	·
(from Larix spp. wood)§, Aloe vera extract (inner leaf g		
Wild Yam Extract	400 mg	Ţ
L-Glutamic Acid	400 mg	
Glycine	400 mg	
L-Lysine (as L-Lysine HCl)	400 mg	†
L-Arginine (as L-Arginine HCI)	190 mg	
MTech AO Blend®	117 mg	†
Quercetin Dihydrate, Grape Skin Extract, Green Tea Ex Bush Plum (<i>Terminalia ferdinandiana</i>) (fruit)	kulaut (leat), Aus	ou allaN
Bush Plum (<i>Terminalia Terdinandiana</i>) (Truit) Beta-Sitosterol (from plant sterols)	50 mg	†
Ashwagandha‡ root and leaf extract (<i>Withania somnifera</i>)	62.5 mg	<u>T</u>
Boron (from boron glycine)	3 mg	
Vanadium (as vanadium amino acid chelate)	100 mca	
Inositol	12.5 mg	<u> </u>
Alpha-Lipoic acid	7 g	
Spirulina	100 mg	+
Coenzyme Q10	6 mg	
Optimal Support Phyto-Blend	52 mg	
Strawberry (fruit), raspberry (fruit), blueberry (fruit), carro	t (root), broccoli	I
(flower/stalk), tomato (fruit), kale <i>Brassica oleracea</i> (leaf)	, broccoli sprout	ts
(leaf/stem), spinach (leaf), sour cherry (tart cherry) (fruit),	elderberry Sam	nbucus
spp., (fruit), cranberry (fruit), cabbage (leaf), turnip (root),	garlic (bulb), ca	uliflower
(flower/stalk), onion (bulb), brussels sprouts <i>Brassica ole</i>	r <i>acea</i> (edible he	au),
pineapple juice powder (fruit), papaya (fruit)		
**Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.		

Other Ingredients: Microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, croscarmellose sodium, rice hull concentrate, silicon dioxide, calcium carbonate, peppermint flavor, citric acid, glycerin, medium chain triglycerides, xylitol, magnesium stearate.



Benefits:

Catalyst™ Multivitamin (2)

- Contains 100% or more of DV for 19 key nutrients.
- Can help to maintain healthy immune system function.*
- Supports cardiovascular, liver, kidneys and nervous system.*
- Helps to maintain healthy blood pressure and blood sugar levels.*

PLUS™ (2)

- Supports breast, prostate, bone and colon health.*
- Supports the health of the immune, nervous and cardiovascular systems.*
- Is formulated to keep your endocrine system healthy.*

Ambrotose AO® (1)

- Helps the body guard against the effects of oxidative stress with antioxidant-rich nutrients.*
- Protects your cells with water- and fat-soluble antioxidants.*
- Offers additional immune support.*
- Provides effective defense against the effects of free radicals.*

IF YOU WANT YOUR BODY TO DO THE AMAZING THINGS IT WAS MADE TO DO, CONTACT ME TODAY:

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

