

# Advanced Daily Nutrition In Convenient Packaging



## Mannatech OSP is easy as 1-2-3!

Optimal Support Packets (OSP) equips you with the very best foundational supplements Mannatech offers! This prepackaged trio of daily nutritional supplements takes the guess work out of the:

- Who: They are great for everyone
- What: We assembled three key essential supplements
- Where: The packet can fit in your pocket or purse to take along with you
- When: One packet every am and pm
- Why: Each packet provides an advanced nutritional and herbal support foundation for a healthy lifestyle\*

## So Much More Than a Multivitamin

OSP is specifically formulated to deliver head-to-toe wellness support for every adult.\* Our prepackaged supplement system contains three of our core products designed to benefit your overall nutritional needs, key organ health support, and to stave off free radical effects.\* Your twice daily OSP provides vitamins, minerals, herbs, Aloe vera and whole lot of self-care benefits.\*

### KEY POINT

**Formulated to help protect against nutritional deficiencies** and the effects of oxidative stress, Optimal Support Packets are an answer for life on-the-go no matter what your nutritional goals. OSP provides powerful antioxidant support to help protect your cells against the harmful effects of toxins, environmental stress, poor diet and daily physical stress.\*

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



## Supplement Facts

Serving Size: 1 packet (approximately 6 g) | Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Protein	2 g	4%**
Vitamin A (as beta carotene and mixed carotenes)	750 mcg RAE	80%
Vitamin C (as ascorbic acid and acerola fruit extract)	225 mg	250%
Vitamin D (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha-tocopheryl succinate with mixed tocopherols and tocotrienols)	32 mg	210%
Thiamin (as thiamine mononitrate and from baker's yeast)	3 mg	250%
Riboflavin (as riboflavin and from baker's yeast)	3.4 mg	260%
Niacin (as niacinamide and from baker's yeast)	10 mg NE	60%
Vitamin B <sub>6</sub> (as pyridoxal-5-phosphate and from baker's yeast)	4 mg	240%
Folate (as calcium L-5 methyltetrahydrofolate and from baker's yeast)	555 mcg DFE (333 mcg Folic Acid)	140%
Vitamin B <sub>12</sub> (as cyanocobalamin and baker's yeast)	12 mcg	500%
Biotin (as biotin from baker's yeast)	150 mcg	500%
Pantothenic Acid (as calcium D-pantothenate and from baker's yeast)	20 mg	400%
Choline (as choline bitartrate)	25 mg	5%
Calcium (as calcium citrate-malate)	25 mg	2%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, magnesium bisglycinate)	335 mg	80%
Zinc (as zinc bisglycinate chelate)	7.5 mg	70%
Selenium (as L-selenomethionine)	100 mcg	180%
Copper (as copper glycinate)	1 mg	110%
Manganese (as manganese glycinate)	1 mg	45%
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	570%
Molybdenum (as molybdenum glycinate chelate)	37.5 mcg	80%
Sodium	5 mg	<1%

<b>Ambrotose® Complex</b>	356 mg	†
Gum Arabic, Xanthan Gum, Gum Tragacanth, Arabinogalactan (from <i>Larix</i> spp. wood) <sup>§</sup> , Aloe vera extract (inner leaf gel powder) <sup>***</sup>		
Wild Yam Extract	400 mg	†
L-Glutamic Acid	400 mg	†
Glycine	400 mg	†
L-Lysine (as L-Lysine HCl)	400 mg	†
L-Arginine (as L-Arginine HCl)	190 mg	†
<b>MTech AO Blend®</b>	117 mg	†
Quercetin Dihydrate, Grape Skin Extract, Green Tea Extract (leaf), Australian Bush Plum ( <i>Terminalia ferdinandiana</i> ) (fruit)		
Beta-Sitosterol (from plant sterols)	50 mg	†
Ashwagandha <sup>†</sup> root and leaf extract ( <i>Withania somnifera</i> )	62.5 mg	†
Boron (from boron glycine)	3 mg	†
Vanadium (as vanadium amino acid chelate)	100 mcg	†
Inositol	12.5 mg	†
Alpha-Lipoic acid	7 g	†
Spirulina	100 mg	†
Coenzyme Q10	6 mg	†
<b>Optimal Support Phyto-Blend</b>	52 mg	†
Strawberry (fruit), raspberry (fruit), blueberry (fruit), carrot (root), broccoli (flower/stalk), tomato (fruit), kale <i>Brassica oleracea</i> (leaf), broccoli sprouts (leaf/stem), spinach (leaf), sour cherry (tart cherry) (fruit), elderberry <i>Sambucus</i> spp., (fruit), cranberry (fruit), cabbage (leaf), turnip (root), garlic (bulb), cauliflower (flower/stalk), onion (bulb), brussels sprouts <i>Brassica oleracea</i> (edible head), pineapple juice powder (fruit), papaya (fruit)		

\*\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, croscarmellose sodium, rice hull concentrate, silicon dioxide, calcium carbonate, peppermint flavor, citric acid, glycerin, medium chain triglycerides, xylitol, magnesium stearate.

## Benefits:

### Catalyst™ Multivitamin (2)

- Contains 100% or more of DV for 19 key nutrients.
- Can help to maintain healthy immune system function.\*
- Supports cardiovascular, liver, kidneys and nervous system.\*
- Helps to maintain healthy blood pressure and blood sugar levels.\*

### PLUS™ (2)

- Supports breast, prostate, bone and colon health.\*
- Supports the health of the immune, nervous and cardiovascular systems.\*
- Is formulated to keep your endocrine system healthy.\*

### Ambrotose AO® (1)

- Helps the body guard against the effects of oxidative stress with antioxidant-rich nutrients.\*
- Protects your cells with water- and fat-soluble antioxidants.\*
- Offers additional immune support.\*
- Provides effective defense against the effects of free radicals.\*

**IF YOU WANT YOUR BODY TO DO THE AMAZING THINGS IT WAS MADE TO DO, CONTACT ME TODAY:**

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100% Satisfaction Guarantee! If you try our products and are not completely satisfied for any reason, you can return them within 180 days of purchase for either an exchange of like products or a refund.

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