



Better sleep. Better you.*



When was the last time you got a great night's sleep? Changes in our everyday lives constantly disrupt our sleep patterns, and that lack of sleep can significantly affect our mental alertness, energy level, and mood. A restful night's sleep can renew and revive our total well-being. The sleep you deserve is possible with Sleep Support gummies.*

One serving provides a safe, non-habit-forming yet effective amount of Melatonin and L-Theanine, helping your body to fall asleep and stay asleep naturally. Jam-packed with active ingredients and nutrients, such as vitamins A, C, D, and E, and Zinc, that help eye, brain, bone, immune, and cardiovascular system health, Sleep Support gummies go far beyond simply supporting a better night's sleep.*

Sleep Support Benefits:

- Can help you fall asleep naturally.*
- Can help maintain a deep sleep.*
- Support the regenerative sleep phases.*
- Support a good night's sleep.*
- Provide a soothing relaxation from normal day-to-day activities.*
- Can help calm and soothe the nervous system.*
- Can help soothe restlessness.*
- May support cardiovascular, immune system, eye, brain, skin and bone health.*

FUN FACT

Did you know if it takes you less than five minutes to fall asleep at night, you're probably sleep-deprived. Ideally, falling asleep should take 10 to 15 minutes.¹

¹Could falling asleep too fast be a sleep problem - Verywell Health

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Sleep Support

Supplement Facts		
Serving Size: 2 gummies Servings Per Container: 30		
Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	4 g	1%**
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%**
Vitamin A (as beta carotene)	112 mcg RAE	12%
Vitamin C (as ascorbic acid)	15 mg	17%
Vitamin D (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	2 mg	13%
Zinc (as zinc citrate)	1 mg	9%
L-Theanine	100 mg	†
Melatonin	3 mg	†
Aloe vera extract* (inner leaf gel)	360 mcg	†
**Percent Daily Values are based on a 2,000-calorie diet. †Daily Value not established.		

Other ingredients: Tapioca syrup, cane sugar, purified water, pectin, fruit juice (color), natural flavors, citric acid, sodium citrate, coconut oil, carnauba wax.

‡Manapol® Aloe Vera Extract

Recommended Adult Use: Adults take 2 gummies 30 minutes prior to going to bed. Chew thoroughly before swallowing. For children 4 years or older, please ask your health care professional.

Warning: Do not drive, operate heavy machinery, or perform other important tasks after taking this product. Do not take this product if you are pregnant, nursing or are planning to become pregnant. If you are taking medications, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs. Do not use if seal is missing or broken. Keep bottle tightly closed and store in a cool, dry place away from direct light. Keep out of reach of children.

Product Number 46001

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DID YOU KNOW?

- The longer you go without sleep, the more prone you are to muddled thoughts, causing confusion and increasing your chance of making mistakes.²
- Disruption to your sleep schedule might leave you distracted and impair your memory the next day.

COMPLEMENTARY PRODUCTS: These great Mannatech products pair well with Sleep Support:

Stress Support –

Stress Support gummies are not your average stress aid.* They contain natural elements, such as GABA, L-Theanine, and Lemon Balm, to minimize stress levels and reclaim your day.* Available in a delicious sour cherry flavor, these gummies are safe, effective and most importantly, fast-acting.*



Ambrotose LIFE® –

Ambrotose LIFE powder is the most important nutritional supplement for your health.* We believe it does more for your health than any other combination of products ever developed.* It can support your immune system, improve cognitive functions and support gastrointestinal health.*



Eye Support –

Eye Support softgel capsules are specifically formulated with the scientifically studied ingredient Lutemax 2020®, which provides two pigments, Lutein and Zeaxanthin, that fortify and support the macula's natural ability to protect against blue light. This eye support product offers the best natural ingredients as well as Glycans, for a more complete, effective, yet affordable eye health product.*



**CAN'T REMEMBER THE LAST TIME YOU GOT QUALITY REST?
FOR HELP ACHIEVING A GREAT NIGHT'S SLEEP, CONTACT ME TODAY!***

²Risks from not getting enough sleep – cdc.gov

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