

Daily nutrition. Boosted.

It Tastes as Good as You'll Feel.



It's hard to consume all the daily fruits and vegetables recommended. Let Mannatech help you **bridge the nutritional gap** with Superfood Greens and Reds drink mix.

One scoop of this multi-functional blend contains **phytonutrients** from 20 plant extracts, fruits and vegetables that cover a **full spectrum of colors and benefits** to help provide support traditionally only available by eating a variety of fruits and vegetables.

This plant-based dietary supplement also **features prebiotic fiber, betaine** and provides an **excellent source of the antioxidant vitamin C**, making it an easy way to help give your body more of what it really needs to boost total body well-being in a once-daily delicious drink.*

Superfood Greens and Reds drink mix has many benefits:

- Helps increase endurance and energy.*
- Supports performance and recovery after activity.*
- Supports healthy cortisol levels.*
- Helps support metabolism for weight management.*†
- Supports healthy digestion with prebiotic fiber.*
- Supports a healthy immune system and fights free radicals with vitamin C.*

DID YOU KNOW

94% of Americans do not consume the recommended amount of fruits and vegetables.¹

[†]When taken in conjunction with a reduced calorie diet and exercise.

¹SOURCE: https://www.healthstatus.com/health_blog/pre-workout-supplement/americas-nutrition-gap-although-60-americans-report-eat-healthy-diet-94-fall-short-daily-recommendations/

Superfood Greens and Reds

Supplement Facts

Serving Size 1 rounded scoop (6.4 g)
Servings Per Container about 30

Amount Per Serving	% Daily Value
Calories 25	
Protein 2 g	4% †
Carbohydrates 4 g	1% †
Dietary Fiber 0.9 g	3% †
Vitamin C (ascorbic acid, acerola cherry (fruit) extract) 30 mg	33%
Calcium 33 mg	3%
Iron 0.5 mg	3%
Sodium 25 mg	1%
Betaine (as trimethylglycine) 2 g	**
Greens Blend 1.6 g spinach (leaf), soursop (leaf), broccoli (stem, floret), alfalfa (leaf), spirulina extract, kale (leaf of <i>Brassica oleracea</i>)	**
Reds Blend 560.5 mg carrot (root), plum (prune) (fruit), pomegranate (fruit), strawberry (fruit), raspberry (fruit), blueberry (fruit), sour cherry (tart cherry) (fruit), <i>Sambucus</i> spp. (elderberry) (fruit), cranberry (fruit)	**
Prebiotic Fiber/Glycan Blend 835.5 mg isomalto-oligosaccharides, gum acacia, arabinogalactan [§] (from <i>Larix</i> spp. wood), gum tragacanth, Aloe vera extract (inner leaf gel) [†]	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Directions For Use: Add 1 scoop (6.4 g) to 8 oz. of cold water and mix well. Drink once a day.

Ingredients: Strawberry-kiwi and other natural flavors, citric acid, malic acid, stevia.

[§]AmbroGuard® Arabinogalactan

[†]Manapol® Aloe vera extract powder

If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if inner seal is missing or broken.
Keep out of reach of children. Keep bottle tightly closed. Store in a cool, dry place.

Product Number: 24001

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COMPLEMENTARY PRODUCTS:
These great Mannatech products pair well with Superfood:

MannaBOOM® —

Features key Glycans plus a generous helping of antioxidants, this benefit-packed slimstick features the greatest Mannatech has to offer.*



Catalyst™ Multivitamin—

Formulated with 30 vitamins, minerals and nutrients with maximum nutritional benefits and easy physical absorption.* Also supports the liver, kidneys and nervous system.*



TruPLENISH™ —

Packed with 20 grams of plant-based protein that help keep you satisfied, our fiber-rich TruPLENISH Shake also comes with vitamins, minerals, probiotics, enzymes and Glyconutrients.



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