

## 1. What are the benefits of taking NutriVerus?

It has been proven that most people consume a diet that does not provide enough of the nutrients we need. NutriVerus powder was formulated with a powerful blend of Aloe vera, antioxidants, vitamins and minerals to support immune and digestive. Mannatech also included the nutrition from a colorful selection of different fruits and vegetables to supplement any diet. This nutrient-packed formula supports health and vitality while promoting healthy aging and organ function so you can live your best.

- Offers antioxidant (vitamins A, C and E) and immune system support.
- Supports healthy digestion.
- Copper, calcium, iron, iodine, folic acid, potassium, phosphorus, and selenium are minerals and factor in the maintenance of good health.
- Wakame is a source of fucoidans which aid in stimulating the immune system.
- Zinc helps to maintain immune function and is a factor in the maintenance of good health.
- Aloe has antioxidant, detoxification and immune-boosting properties.
- Vitamin D is a fat-soluble vitamin that helps with the absorption and use of calcium and phosphorus.
- Biotin is an essential, water-soluble B vitamin that is a factor in the maintenance of good health.
- Chromium is a mineral that has antioxidant properties and helps to support healthy glucose metabolism.
- Manganese is an essential nutrient that acts as a cofactor in several metabolic and enzymatic reactions.

## 2. How much NutriVerus can I take a day?

Adults and children 14 years and older take 1 scoop (approximately 2.7 g) twice daily, mixed with food or beverage.

## 3. NutriVerus powder contains milk. Does it have lactose? If so, how much?

NutriVerus contains less than 0.5% lactose per serving; approximately 13 mg, which is far below typical amounts that cause discomfort for those with lactose sensitivity. Please consult your physician prior to use if you have concerns regarding lactose.

## 4. Why include rice bran?

Rice bran is a superfood and powerful, natural source of vitamins, minerals, essential amino acids, fatty acids, fiber, phytosterols and antioxidants. It contains vitamins B and E as well as protein.

## 5. Is the measurement a "level" scoop or a "rounded" scoop?

For greater accuracy during dispensing, the scoop can be leveled; recommended intake in the U.S. is based on 1 scoop (1/2 tablespoon or 7.5 cc).

## 6. Are there any recommendations for how to incorporate NutriVerus into my family's diet?

Absolutely! A few ideas we recommend are:

- Adding 1 scoop to casseroles, spaghetti sauce or chicken seasoning
- Adding ½ scoop to smoothies, pizza, sandwiches, or dips
- Adding ¼ scoop to popcorn, scrambled eggs, or steamed vegetables

## 7. NutriVerus contains soy. Where does the soy come from?

Soy oil is one of the vegetable oil sources of vitamin E in this product.

### **8. Can this product be added to hot and/or cold items?**

It is best to use NutriVerus in cold items or add it to hot items at the end of the heating period.

### **9. Which Aloe does NutriVerus use?**

NutriVerus uses Manapol® powder, which is in Ambrotose® Complex. It also contains the Aloe vera gel powder used in our Advanced Ambrotose® products.

### **10. Are any of the ingredients organic?**

Yes! The fruit and vegetable blends are both organic.

### **11. What are some of the features NutriVerus offers?**

Our formula, which contains naturally-sourced ingredients, is free from gluten, MSG, artificial colors, and preservatives. It is low glycemic and vegetarian friendly.