

1. What are the key benefits of taking Phyt•Aloe?

Eating the recommended 7–10 servings of fruits and vegetables each day is tough. But just one serving of Phyt•Aloe includes a formulated blend of 12 dehydrated raw fruits, vegetables and Ambrotose® Complex to help you get closer to your recommended amount every day. Phyt•Aloe capsules contain Manapol® powder, which enhances the absorption of vitamins C and E.*

- Phyt•Aloe is a blend of 12 fruit and vegetable powders.
- Each serving of Phyt•Aloe delivers a specially formulated blend of 12 dehydrated fruits and vegetables, including broccoli, Brussels sprout, cabbage, carrot, cauliflower, garlic, kale, onion, tomato, turnip, papaya and pineapple.

2. How much Phyt•Aloe can I take a day?

Take one capsule twice daily with 8 oz of water or other liquid.

3. What is Manapol and why is it important?

Manapol is the trademark name for the world's only standardized and stabilized Aloe vera extract. The Manapol Mannatech uses is the most abundant, natural source of acetylated mannans (Acemannan) in the world. It's this unique extract which provides superior support for cellular communication, and immune and digestive functions.* Specifically, Manapol is the only commercially available Aloe vera ingredient to contain the broad spectrum of mannans up to and including Acemannan which is defined as 1-2 million Daltons.

4. What is a Dalton and why is it important?

The Dalton is a unit to show molecular weight. For Acemannan, the 1-2 million Dalton definition was set forth by CAS and USAN.†

5. What is Ambrotose Complex and why was it used in Phyt•Aloe?

Ambrotose powder is a rich blend of prebiotics, soluble fibers and naturally sourced Glycans, including our exclusive Manapol powder, the highest-grade, 100% pure, Aloe ingredient on the planet. Mannatech created Ambrotose 20 years ago to offer a product that is scientifically shown to help promote good health.* With proper nutrition and cell-to-cell communication, this product offers organ and digestive support.*

6. What are Glycans?

Glycans are beneficial plant saccharides found in nature (saccharide is a formal name for sugar). Mannatech sources their Glycans from the inner leaf of the Aloe vera plant, but there are more than 200 plant saccharides currently known to science. The majority of plant saccharides are not sweet, and they do not raise your blood sugar. Typically, when people hear "sugar" they think of processed white table sugar, which is a disaccharide. Mannatech does not use table sugar in Ambrotose Complex. Moreover, Mannatech uses specific plant-based sugars/saccharides that are known for beneficial health support.*

7. Why are Glycans important to your health?

Glycans are beneficial saccharides found in nature, shown to support several extremely important functions for human health, beginning with cellular communication. Scientific studies on Glycans have shown that they act as a prebiotic which can support healthy digestive function and a healthy gastrointestinal tract. To maintain optimal internal functions, you need optimal cellular communication in many systems of your body.*

†Chemical Abstract Service (CAS)—Division of the American Chemical Society (ACS) and United States Adopted Names Council (USAN)—Division of the American Medical Association (AMA)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

8. What is Arabinogalactan and why is it an important ingredient?

Purified Arabinogalactan is a polysaccharide containing repeating arabinose and galactose sugars. It is sourced from larch trees and is exclusive to Mannatech. In addition to being a good source of dietary fiber, Arabinogalactan has been shown in scientific studies to be fermented by human colonic bacteria and enhance the growth of healthy bacteria. Arabinogalactan was chosen as an ingredient for Ambrotose Complex capsules because it supports a number of health benefits, including the support of the body's natural response to some vaccines.*

Arabinogalactan helps:

- Inhibit an enzyme named sucrase, which breaks down sucrose. This helps support normal blood sugar levels by supporting the body's ability to reduce blood sugar spikes. This is due to the large amount of Arabinose that is found in Arabinogalactan.*
- Support healthy blood lipid levels.*
- Support the body's healthy response to some vaccines.*
- Support probiotic bacteria (bifidobacteria and L. plantarum).*

9. How do PhytoMatrix® caplets compare with Phyt•Aloe capsules?

Our PhytoMatrix caplets are a food-sourced multivitamin/mineral/phytonutrient product containing natural ingredients. They are designed to provide essential vitamins, minerals and standardized amounts of phytonutrients. Our Phyt•Aloe capsules are composed of high-quality fruit and vegetable powders, but they are not standardized. Our Phyt•Aloe bulk capsules are formulated to supplement fruit and vegetable intake, but do not provide the same vitamin, mineral and phytonutrient content as PhytoMatrix caplets.

Taking both PhytoMatrix caplets and Phyt•Aloe capsules together may increase the benefit to your health, but one product does not replace the other.*

10. What are some of the features Phyt•Aloe offers?

Our formula is free from gluten, soy, dairy, artificial colors and preservatives. It is kosher, vegan friendly and contains naturally sourced ingredients.

11. Who is Phyt•Aloe ideal for?

Perfect for the consumer wishing to increase their vegetable nutrients they are not fitting into their diet.

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