

## 1. What are the key benefits of taking Manapol?

Mannatech uses the most premium Aloe source on the planet. A proprietary extraction method can provide Manapol with a high concentration of polysaccharides containing the monosaccharide, mannose, in the form of Acemannan, which is an important Glycan believed to be responsible for the immunologic health benefits associated with Aloe vera gel.\*

Exclusive to Mannatech, Manapol powder is a premium, 100 percent Aloe-based product designed to support cell-to-cell communication.\*

- Provides immune support through its Acemannan content.\*
- Supports immune system modulation.\*
- Provides all-natural immune support as it functions as a powerful prebiotic.\*
- Supports digestive health and microbiome balance as a prebiotic.\*
- Supports cellular communication for overall better health.\*
- Proprietary extraction may provide a more potent, stable Acemannan content for superior immune, and digestive support.\*
- Supports cell-to-cell communication through a blend of specific plant saccharides including Acemannan, a source of Glycans.\*
- May provide gastrointestinal benefits.\*
- Supports nutrient absorption.\*
- May increase the absorption of both vitamin C and E.\*

## 2. How much Manapol powder can I take a day?

It is recommended to take 1 scoop (500 mg) mixed with food or water 1-2 times daily.

## 3. What is Manapol and why is it important?

Manapol is the trademark name for the world's only standardized and stabilized Aloe vera extract. The Manapol Mannatech uses is the most abundant, natural source of acetylated mannans (Acemannan) in the world. It's this unique extract which provides superior support for cellular communication, immune and digestive functions.\* Specifically, Manapol is the ONLY commercially available Aloe vera ingredient to contain the broad spectrum of mannans up to and including Acemannan which is defined as 1-2 million Daltons.

## 4. What is a Dalton and why is it important?

The Dalton is a unit to show molecular weight. For Acemannan, the 1-2 million Dalton definition was set forth by CAS and USAN.<sup>†</sup>

## 5. What is Acemannan?

Mannatech's Manapol contains a key active ingredient named Acemannan, known to many as the functional component of the Aloe vera plant, sourced from the inner leaf gel. Acemannan contains a long chain sugar (known as a saccharide) that is utilized by the cell membrane for support of cellular recognition and communication. This is what makes the Manapol so effective, and has been scientifically linked to helping improve immune response and cellular metabolism.\*

<sup>†</sup>Chemical Abstract Service (CAS)—Division of the American Chemical Society (ACS) and United States Adopted Names Council (USAN)—Division of the American Medical Association (AMA)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## 6. How does Acemannan affect the body?

Acemannan is the key Glycans and active component in Aloe vera. Scientific studies have shown its benefits on a cellular level, as well as supporting the body's immune and digestive systems.\*

## 7. What are Glycans?

Glycans are beneficial plant saccharides found in nature (saccharide is a formal name for sugar). Mannatech sources their Glycans from the inner leaf of the Aloe vera plant, but there are more than 200 plant saccharides currently known to science. The majority of plant saccharides are not sweet, and they do not raise your blood sugar. Typically, when people hear "sugar" they think of processed white table sugar, which is a disaccharide. Mannatech does not use table sugar in Manapol. Moreover, Mannatech uses specific plant-based sugars/saccharides that are known for beneficial health support.\*

## 8. Why are Glycans important to your health?

Glycans are beneficial saccharides found in nature, shown to support several extremely important functions for human health, beginning with cellular communication. Scientific studies on Glycans have shown that they act as a prebiotic which can support healthy digestive function and a healthy gastrointestinal tract. To maintain optimal internal functions, you need optimal cellular communication in many systems of your body.\*

## 9. What are some of the features Manapol offers?

Our formula is a pure all-natural Aloe, free from additives, soy, dairy, shellfish, peanuts and MSG. It is a vegan formula that is non-GMO.

## 10. I'm allergic to Aloe vera. Can I use products that contain Manapol powder?

Individuals with allergies or sensitivities to any ingredients in our products should always consult their personal physician before use.

## 11. Does Mannatech ever use Aloe Latex in any of their products?

All of Mannatech's products are completely free of Aloe Latex.

## 12. Who is Manapol ideal for?

Consumers who want to improve their overall health. Manapol powder can improve nutrition and health through cell-to-cell communication.\*

## 13. Where is Manapol grown? What makes this location so unique?

Our exclusive partner, Natural Aloe Costa Rica, has a 100% carbon free footprint, generating all of its own electricity from biomass. They have 60 years of experience and are continuously improving their plantation through genetic work, cross-pollination, and better farming practices. This location in Costa Rica offers the ideal setting from the perfect climate, clean air to reduce pollutants and rich volcanic soil to provide unique nutrients not found anywhere else.

## 14. What makes the process for harvesting Manapol so unique?

The exclusive extraction technology and unique processing method create a richer, more stable amount of Acemannan, as well as the highest quality and potency of Acemannan compared to the competition. By hand harvesting and hand filleting it protects the leaf's inner gel. Our cold process uses NO heat, NO enzymes, NO charcoal, NO additives and NO preservatives. The state-of-the-art technology focuses on a balance of science and nature.

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