

## 1. What are the key benefits of taking CardioBALANCE?

Did you know many Americans consume inadequate amounts of nutrients beneficial for cardiovascular health including vitamin B6, vitamin B12, magnesium, and folic acid? Some who restrict their intake of dietary fats may also restrict their intake of vitamin E from their diet. People taking cholesterol-lowering drugs known as statins may have lower blood levels of CoQ10.\*

CardioBALANCE capsules help maintain blood vessel and cardiovascular health with the proper amount of B6 and B12 vitamins for long-term wellness.\*

- Provides nourishment for cardiovascular health.\*
- Helps maintain homocysteine levels that are already within the normal range.\*
- Antioxidant support formula (from vitamins C and E).\*
- Helps maintain healthy blood vessels.\*
- Formulated with CoQ10, which is often depleted by cholesterol-lowering drugs.\*
- Supplies 100% or more of the Daily Value of: vitamin C, vitamin E, vitamin B6, vitamin B12 and folic acid.

## 2. What is homocysteine, and why is it important?

Homocysteine is an amino acid in the blood that is thought to be a marker of cardiovascular health. Maintaining a normal range of homocysteine may help maintain an already healthy heart. Mannatech's CardioBALANCE dietary supplement helps maintain homocysteine levels that are already in the normal range.\*

## 3. The reasons listed for using CardioBALANCE capsules mention the use of this product only by people within the normal ranges for indicators of cardiovascular health. Does this mean this product is not recommended for those already diagnosed with cardiovascular-related problems?

The language used in the labeling materials for CardioBALANCE capsules was carefully selected.

Mannatech does not recommend the use of CardioBALANCE capsules for anything other than support of an already healthy heart or for indicators of cardiovascular health that are already within the normal range. Anyone with health challenges or concerns should always consult a physician before using a new product.

## 4. What makes it unique?

Most cardiovascular supplements are an individual ingredient or a combination of supplements addressing a specific cardiovascular concern. CardioBALANCE capsules were developed combining key supplements that provide nourishment for the total cardiovascular system.\* They provide an excellent source of vitamins B6, B12, C, E and folic acid.

## 5. Who is CardioBALANCE ideal for?

CardioBALANCE is ideal for those wanting a daily supplement targeted to support a healthy cardiovascular system. Also, those who restrict their intake of dietary fats may also restrict their intake of vitamin E from their diet, and CardioBALANCE can support this.\*

## 6. What makes Coenzyme Q10 important for a cardiovascular supplement?

People taking cholesterol-lowering drugs known as statins may have lower blood levels of Coenzyme Q10 (or CoQ10), CardioBALANCE can support this.\*

## **7. CardioBALANCE helps maintain normal homocysteine levels. Why is this important?**

Homocysteine are amino acids produced in our bodies when proteins are broken down. Healthy levels of homocysteine are likely a marker for healthy metabolic pathways. This is why helping to maintain healthy levels is critical.\*

## **8. Why are antioxidants important to cardiovascular health?**

Oxidants, or free radicals, are produced naturally in the body as a byproduct of using oxygen. These free radicals can attach and cause damage to the cell walls, cell structure and even genetic material in the cell. Antioxidants deactivate free radicals by binding to them.\*

## **9. What are some of the key features CardioBALANCE offers?**

Our formula contains naturally sourced ingredients and is free of gluten, dairy, preservatives and artificial colors.

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.