

1. What are the key benefits of taking BounceBack?

BounceBack capsules are a powerful combination of select ingredients scientifically studied to support the body's natural ability to recover from exercise and typical day-to-day activities.* It provides support for optimal joint and cartilage health as well as antioxidant (from vitamin C) and immune system support.*

Proteolytic Enzymes are an essential component for breaking down and digesting proteins. As a result of this process, these enzymes are known for helping speed up the natural recovery process post-workout.*

- Supports your body's natural ability to recover from engaging in an active lifestyle.*
- Aids the body's natural recovery process.*
- Helps reduce typical muscle soreness experienced from engaging in an active lifestyle.*
- Supports optimal joint and cartilage health.*
- Provides immune system support.*
- Delivers antioxidant (vitamin C) support.*
- Supports the body's ability to synthesize aggrecans that are needed for joint health.*

2. What are the dietary ingredients that make BounceBack capsules beneficial?

The combination of a proteolytic enzyme blend, phytosterol blend and turmeric extract are the key ingredients:

- Proteolytic Enzymes are an essential component for breaking down and digesting proteins. When you work out or exert your muscles your body has more proteins present. To combat the increase, you need proteolytic enzymes to digest the proteins which can help speed up the natural recovery process post-workout.
- Turmeric has been used in traditional Asian and Indian cultures for nearly 4000 years. It is known for supporting the body's ability to recover from typical joint and muscle irritation and discomfort, which can lead to quicker natural recovery in active people.¹
- Phytosterols are fats present in plants, mostly in plant oils, nuts and seeds. The most common dietary phytosterols are campestral, beta-sitosterol, and stigmasterol. Because the human body cannot produce phytosterols, they must be obtained through the diet. Phytosterols are natural compounds along with the antioxidant Vitamin C that help reduce oxidative stress. Oxidative stress can prolong recovery time in sore muscles.

3. How long should I take BounceBack capsules before I can expect to feel optimal results?

Allow 4-6 weeks for optimal benefits.

4. When should I take BounceBack?

Take 2 capsules daily with 8 oz of water on an empty stomach at least 45 minutes before or 2 hours after a meal.

5. Why do I need to take BounceBack capsules on an empty stomach?

In order to achieve the optimal benefits of the proteolytic enzymes to recover from soreness and stiffness, it is recommended to take BounceBack capsules on an empty stomach. Taking BounceBack capsules on an empty stomach allows the enzymes to be absorbed rather than functioning as a protein digestive aid.

6 Who is BounceBack ideal for?

Adults looking for a natural, daily support supplement to aid in the body's recover process from typical and extra activities.

¹<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5664031/>

7. How do BounceBack capsules differ from SPORT™ capsules?

Our SPORT capsules help maintain existing normal blood sugar levels and support carbohydrate utilization.* Our BounceBack capsules are intended for anyone living an active lifestyle to help support the body's natural ability to recover due to overexertion or physical activity.* For certain people, both products may be beneficial.*

8. Will BounceBack capsules replace SPORT capsules?

There is currently no plan to discontinue SPORT capsules in the United States.

9. What are some of the key features BounceBack offers?

Our formula contains naturally-sourced ingredients and is free of gluten, dairy and is vegan friendly.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.