

Your Proactive Approach to Healthy Aging



The actions you take toward your health today can affect how you feel tomorrow. From the food you eat, to how much you exercise, these actions directly affect the quality of your health. Take control of your health today to enjoy healthy aging.

At Mannatech, it is our mission to positively impact your future by helping your body receive the vitamins and minerals it needs to operate at its best.

Mannatech has developed products that truly support a proactive lifestyle. Our legendary **Core Four** bundle is a favorite among our Customers due to the abundance of **support for healthy aging**, while giving you a sense of confidence in what you do for your health.*

The Core Four bundle with Ambrotose & OSP will help **NOURISH**, **PROTECT**, **REGULATE** and **COMMUNICATE** by providing optimal support for complete wellness in the convenience of just 2 packets and 2 scoops per day.*

To learn more about healthy aging and Core Four, visit us.mannatech.com/products/core-four

Scan or Visit to watch the video

<https://library.mannatech.com/12432>



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





NOURISH

Catalyst
Multivitamin

Catalyst Multivitamin is formulated strategically to **NOURISH** the whole body with 2 servings providing 30 vitamins, minerals and essential nutrients, 19 of which provide 100% or more %DV. With scientifically studied support of Sensoril® ashwagandha, a popular adaptogen known for its powerful, restorative properties.*



Benefits:

- Can help to maintain healthy immune system function.*
- Supports cardiovascular health.*
- Provides fat loss support.*†
- Supports the liver, kidneys and nervous system.*
- Helps to maintain healthy skin, eyes, gums and joints.*



HELP PROTECT

Ambrotose AO

HELP PROTECT your body with Ambrotose AO®.* Loaded with antioxidants like naturally sourced vitamins C and E to provide superior protection for cells, immune support and help the body guard against oxidative stress so you can keep living well.*



Benefits:

- Offers additional immune support from vitamin C.*
- May protect your cells with water- and fat-soluble antioxidants.*
- Helps the body guard against oxidative stress with antioxidant-rich nutrients.*
- Can provide effective defense against the effects of free radicals.*
- Excellent source of vitamins C and E.
- Provides nutritional support for general well-being.*



REGULATE

PLUS

PLUS helps **REGULATE** endocrine and foundational adrenal function to help your body's natural recovery processes from things like "Adrenal Fatigue."* It provides improved energy, vitality, mood and calmness.*



Benefits:

- Formulated to support optimal endocrine health.*
- Supports the health of the immune, nervous and cardiovascular systems.*
- Supports breast, prostate, bone and colon health.*
- A source of plant sterols.
- Includes amino acids that play important roles in protein synthesis, the functioning of the immune system, the nervous system and the cardiovascular system.*



COMMUNICATE

Ambrotose Complex

COMMUNICATE with Ambrotose® Complex powder, offering a powerful complex of prebiotics, soluble fibers and naturally sourced Glycans for proper nutrition and cell-to-cell communication, as well as immune, organ and digestive support.*



Benefits:

- Natural daily supplement for year-round immune system-support.*
- Supports cell-to-cell communication through a blend of specific plant saccharides including Glyconutrients.*
- Can help improve cognitive function.*
- Supports digestive function.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

©2021-2023 Mannatech, Incorporated. All rights reserved. Ambrotose, Ambrotose AO, Catalyst, PLUS, Mannatech and Stylized M Design are trademarks of Mannatech, Incorporated. 22538.0421

SENSORIL® Ashwagandha extract is protected under U.S. Patent No. 7,318,938 and is a registered trademark of Natreon, Inc.

