



MANNA-C™
(SKU 39101)
PRODUCT TRAINING SHEET



PRODUCT BASICS

PRODUCT DESCRIPTION: Stress can weaken your immune system. Manna-C capsules are an herbal nasal and sinus support formula developed to aid your body's immune response with 59% of the recommended daily value of vitamin C from natural sources.* It's specially formulated herbal blend includes lemon verbena, sage, peppermint, catnip, boneset, yarrow, wild bush plum, horehound and Ambrotose® Complex, for the natural support you are looking for.*

BENEFITS:

- Herbal nasal and sinus support.*
- Contains Ambrotose Complex for Glycan support.*
- Contains acerola fruit extract, one of the richest natural sources of vitamin C.
- Supports maintenance of good health.*
- Supports healthy immune function.*
- Support healthy/comfortable nasal and sinus *

FEATURES:

- Gluten-free
- Free from dairy
- Suitable for vegans
- Free from preservatives and artificial colors
- Contains naturally-sourced ingredients

SUPPORTING INFORMATION:

There are many products focused on caring for key systems in the body like circulatory, respiratory and nervous system. While these should receive much needed attention, we often neglect other parts of our bodies that could use a helping hand. Have you ever thought about how much debris, toxins and pollutants your nasal passages have to filter every day?

Manna-C can help provide care to support your sinus and nasal passages, as well as support your natural immune response to keep you moving!*

- Every part of your body, including your immune system, functions better when protected from environmental assaults and bolstered by healthy-living strategies.
- In the United States, 200 million people — or 62 percent of the population — live in areas where pollutants such as ozone and particulate matter exceed the standards^[1]

WHAT MAKES THIS PRODUCT SPECIAL?

WHO IS IT FOR?

- Adults looking for an herbal option for nasal and sinus health support.*

WHAT IT IS NOT:

While Manna-C capsules contain 59% of the recommended daily value of vitamin C, the primary purpose of Manna-C is not a vitamin C supplement. This ingredient compliments the other key natural ingredients focused on supporting sinus and nasal health.*

TOP FAQ:

1. What are the sources of vitamin C in Manna-C capsules?

Our Manna-C capsules contain natural forms of vitamin C from acerola cherry, which is among nature's richest sources of vitamin C.

2. Why is sinus and nasal health important?

There are many toxins and pollutants that can irritate your sinus and nasal passages. Providing support to your sinuses and nasal passages as well as support to your immune system give your body a healthy way to maintain overall wellness.*

3. What are Glycans?

Glycans (or Glyconutrients) are beneficial plant saccharides found in nature (saccharide is a formal name for sugar).* Mannatech sources their Glycans for Ambrotose Complex from the inner leaf of the Aloe vera plant, the larch tree, and several other plants but there are more than 200 plant saccharides currently known to science. The majority of plant saccharides are not sweet, and they do not raise your blood sugar. Typically, when people hear “sugar” they think of processed white table sugar, which is a disaccharide. Mannatech does not use table sugar in Ambrotose products. Moreover, Mannatech uses specific plant-based sugars/saccharides that are known for beneficial health support.*

DIRECTIONS: Take two capsules daily as needed with 8 fl oz of water or other liquid.

¹<https://www.marketwatch.com/story/sinus-sufferers-spend-billions-of-dollars-a-year-to-stop-sniffing-2017-07->

²<https://www.everydayhealth.com/sinus-health-guide/avoid-sinus-pain-and-congestion.aspx>

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Manna-C

Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin C (from Acerola fruit extract)	53 mg	59%
Total Carbohydrate	<1 g	<1%**
Ambrotose® complex	84 mg	†
Arabinogalactan (from <i>Larix</i> spp. wood)†; Aloe vera (inner leaf gel powder); Gum Tragacanth†		
Herbal Blend	398 mg	†
Sage (leaf)†; Lemon verbena (leaf)†; Yarrow (flower)†; Wild Bush Plum (<i>Terminalia ferdinandiana</i>)†; Peppermint (leaf)†; Catnip (leaf)†; Boneset (leaves, flowering tops)†; Horehound (leaves, flowering tops)†		

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Vegetable cellulose, sodium starch glycolate, vegetable stearic acid.

Recommended Adult Use: Take two capsules daily, as needed, with 8 fl oz of water or other liquid.

Warning: Do not take if pregnant or nursing. If you are taking medication, have a health condition, or are planning a medical procedure, consult your health care professional before use. Do not use if you have allergies to the daisy/ragweed family (asteraceae). Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool, dry place.

Product Number 39101