

1. What are the key benefits of taking OsoLean?††

- Excellent source of high-quality protein.
- You lose fat while maintaining lean muscle.*‡
- Helps improve lean mass-to-fat ratio.*
- 10 grams of protein to help you feel full.*
- Good source of calcium.
- A natural source of leucine.
- Supports the body's ability to protect against muscle loss associated with aging.*
- Helps fight cravings.*
- Source of branched-chain amino acids (BCAAs).
- Supports muscle growth and retention.*

2. Why is it so important to increase protein while losing fat?

Sometimes when you lose weight, you're also losing precious muscle. Fight flab and maintain lean muscle with our scientifically studied OsoLean whey protein supplement that can help promote loss of fat while preserving muscle mass when combined with the OsoLean plan and proper exercise.*

3. What makes the OsoLean formula unique?

OsoLean's whey mineral complex contains calcium and essential minerals such as phosphorus, magnesium, potassium, sodium and iron. OsoLean also contains essential amino acids called branched-chain amino acids (BCAAs) used to fuel working muscles and stimulating protein synthesis.* OsoLean also contains the crucial Glyconutrient† called Sialic Acid.

4. Can I add OsoLean to a TruPLENISH™ Shake?

Yes, OsoLean is a great way to add additional protein to help keep you feeling full longer and keeping you on track for your fat loss goals.*††

5. What are some of the features OsoLean offers?

Our formula is free of MSG, fillers, artificial flavors, colors, preservatives, and sweeteners. Our formula is low glycemic, kosher, keto, and vegetarian friendly.

6. Does OsoLean have any clinical trial results?

Yes, results show when taken for eight weeks OsoLean powder consumption significantly increased weight loss and waist inches lost, significantly decreasing BMI and appetite, and improving quality of life.*

7. Who is the OsoLean supplement ideal for?

OsoLean is ideal for anyone looking to add protein to their diet for fat loss and/or muscle gain. It is also great for individuals looking to maintain healthy weight and muscle composition.

†Glyconutrients are beneficial saccharides found in nature.

††When combined with a reduced-calorie diet and exercise.

‡Using OsoLean powder as directed can aid in fat reduction. Do not use in diets supplying less than 400 calories per day without medical supervision.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

8. Is OsoLean suitable for children?

OsoLean is not formulated for children. If you have questions for use beyond the directions indicated on the label, you should speak to a qualified healthcare professional.

9. How often should I take OsoLean?

For optimal results we recommend taking it twice daily.

10. When is it best to take OsoLean?

We recommend taking 20 minutes before breakfast and 20 minutes before dinner.

11. Can OsoLean help me reach the recommended daily intake for protein?

Yes, for most adults, intake of OsoLean can help keep daily protein intake within the recommended range of 10%-35% of energy consumed.

12. Can protein intake help support immune response?

Yes, according to a preliminary study of 17 healthy senior citizens, daily intake of 15 g whey protein for 8 weeks may help support the immune response to a vaccine.*

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