



**CARDIOBALANCE®**  
**(SKU 10401)**  
**PRODUCT TRAINING SHEET**



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## PRODUCT BASICS

**PRODUCT DESCRIPTION:** Did you know many Americans consume inadequate amounts of nutrients beneficial for cardiovascular health including vitamin B6, vitamin B12, magnesium, and folic acid? Some who restrict their intake of dietary fats may also restrict their intake of vitamin E from their diet. People taking cholesterol-lowering drugs known as statins may have lower blood levels of CoQ10.\* CardioBALANCE capsules help maintain blood vessel and cardiovascular health with the proper amount of B6 and B12 vitamins for long-term wellness.\*

### BENEFITS:

- Provides nourishment for cardiovascular health.\*
- Helps maintain homocysteine levels that are already within the normal range.\*
- Antioxidant support formula (from vitamins C and E).\*
- Helps maintain healthy blood vessels.\*
- Formulated with CoQ10, which is often depleted by cholesterol-lowering drugs.\*
- Supplies 100% or more of the Daily Value of: vitamin C, vitamin E, vitamin B6, vitamin B12 and folic acid.

### FEATURES:

- Naturally gluten-free
- Free from dairy
- Free from preservatives and artificial colors

### SUPPORTING INFORMATION:

- Many people do not consume proper amounts of nutrients that are beneficial to heart health, including folic acid, vitamin B6, vitamin B12 and magnesium.
- 93% of adults using a cholesterol-lowering medication use a statin. 23.2% of adults 40 and over take a statin.<sup>[1]</sup>
- Less than 5% of adults participate in 30 minutes of physical activity each day, only one in three adults receive the recommended amount of physical activity each week.<sup>[5]</sup>

## WHAT MAKES THIS PRODUCT SPECIAL?

### WHO IS IT FOR?

- Anyone looking for a daily supplement targeted to support a healthy cardiovascular system.
- Those who restrict their intake of dietary fats may also restrict their intake of vitamin E from their diet.
- People taking cholesterol-lowering drugs known as statins may have lower blood levels of CoQ10.

### WHAT MAKES IT UNIQUE?

- Most cardiovascular supplements are an individual ingredient or a combination of supplements addressing a specific cardiovascular concern.
- CardioBALANCE capsules were developed combining key supplements that provide nourishment for the total cardiovascular system.\*
- They provide an excellent source of vitamins B6, B12, C, E and folic acid.

### TOP FAQ:

#### 1. What is homocysteine, and why is it important?

Homocysteine is an amino acid in the blood that is thought to be a marker of cardiovascular health. Maintaining a normal range of homocysteine may help maintain an already healthy heart. Mannatech's CardioBALANCE dietary supplement helps maintain homocysteine levels that are already in the normal range\*.<sup>[3]</sup>

#### 2. What makes Coenzyme Q10 important for a cardiovascular supplement?

Coenzyme Q10 is an antioxidant found naturally in the body that supports our cells against the effects of oxidative damage. Natural production tends to decrease with age. People taking cholesterol-lowering drugs known as statins may have lower blood levels of CoQ10. Consuming a diet containing CoQ10 as well as supplementing can help support your natural production, may help improve physical performance, and may improve general cardiovascular health.\*

#### 3. The reasons listed for using CardioBALANCE capsules mention the use of this product only by people within the normal ranges for indicators of cardiovascular health. Does this mean this product is not recommended for those already diagnosed with cardiovascular-related problems?

The language used in the labeling materials for CardioBALANCE capsules was carefully selected. Mannatech does not recommend the use of CardioBALANCE capsules for anything other than support of an already healthy heart or for indicators of cardiovascular health that are already within the normal range. Anyone with health challenges or concerns should always consult a physician before using a new product.\*

#### 4. Why are antioxidants important to cardiovascular health?

Oxidants, or free radicals, are produced naturally in the body as a byproduct of using oxygen. These free radicals attached and can affect the cell walls, cell structure. Antioxidants deactivate free radicals by binding to them.<sup>[4]</sup>

**DIRECTIONS:** Take two capsules twice daily with 8 fl oz of water or juice. Use only as directed. Do not exceed the recommended dose.

<sup>1</sup><https://www.cdc.gov/nchs/products/databriefs/db177.htm#:~:text=The%20use%20of%20statins%20increase,adults%20aged%2075%20and%20over>.

<sup>3</sup><https://www.healthline.com/health/homocysteine-levels#complications>

<sup>4</sup><https://my.clevelandclinic.org/health/articles/16739-antioxidants--heart-health>

<sup>5</sup><https://www.hhs.gov/fitness/resource-center/facts-and-statistics/index.html#:~:text=Less%20than%205%25%20of%20adults,of%20physical%20activity%20each%20week.&text=Only%2035%20E2%80%93%2044%25%20of%20adults,65%2D74%20are%20physically%20active>.

\*These statements have not been evaluated by the Food and Drug Administration.  
These products are not intended to diagnose, treat, cure or prevent any disease.

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# Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	5	
Protein	2 g	4%**
Vitamin C (as ascorbic acid, acerola extract [fruit], camu-camu extract [fruit])	90 mg	100%
Vitamin E (as d-alpha-tocopheryl acetate, d-alpha-tocopherol)	15 mg	100%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride and pyridoxal 5-phosphate)	3 mg	180%
Folate	530 mcg DFE (320 mcg Folic Acid)	130%
Vitamin B <sub>12</sub> (as cyanocobalamin)	26 mcg	1080%
Magnesium (as magnesium oxide, magnesium glycinate, magnesium citrate)	51 mg	10%
L-Arginine	500 mg	†
Proprietary Herbal Blend	134.5 mg	
Garlic (bulb)		†
Grape Extract (seed & skin)		†
Chinese Hawthorn Extract (fruit)		†
Acerola Extract (fruit)		†
Camu-Camu Extract (fruit)		†
Carambola (fruit)		†
Trimethylglycine	125 mg	†
Alpha-Lipoic Acid	30 mg	†
N-Acetyl-L-Cysteine	25 mg	†
Ambrocosanol® complex	12.6 mg	
Ambrotose® complex		
Arabinogalactan (from <i>Larix spp.</i> wood)		†
Aloe vera (inner leaf gel powder)		†
Ghatti Gum		†
Gum Tragacanth		†
Policosanol (from sugar cane wax)		†
Coenzyme Q10	2.6 mg	†

† Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Hydroxypropylmethylcellulose, Magnesium stearate.

**Recommended Adult Use:** Take two capsules twice daily with 8 fl oz. of water or juice. Use only as directed. Do not exceed the recommended dose.

**WARNING:** If you are pregnant, nursing, taking medications, have a health condition or are planning a medical procedure consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool, dry place.

**Product Number 10401**

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