

SPORT™
(SKU #12101)
PRODUCT TRAINING SHEET



PRODUCT BASICS

PRODUCT DESCRIPTION: Being active is crucial to staying healthy and aging well. SPORT offers an herbal formula to naturally support your body's ability to soothe muscles after engaging in an active lifestyle.* SPORT is designed to help promote energy and performance needed for physical activity, support healthy body composition†, and provide essential nutrients to support healthy carbohydrate utilization.* SPORT can help maintain normal blood sugars so you can stay active during and after the gym, helping you live your best life!*

BENEFITS:

- May support overall health of joints and muscles.*
- Supports your body's natural ability to soothe muscles after engaging in an active lifestyle.*
- Helps maintain existing normal blood sugar levels.*
- Supports carbohydrate utilization.*
- Contains a proprietary blend of herbs and herbal extracts.
- Is a plant sterol supplement formulated with a combination of classic Ambrotose® Complex, Wild Yam extract and Sarsaparilla root extract.
- Plant sterols and other ingredients in SPORT may help support healthy blood lipid levels.*
- By supporting normal blood sugar levels, SPORT can help maintain energy levels.*
- Supports energy and performance.*
- Helps maintain a healthy, glucose/blood sugar range.*
- Supports a healthy body composition.*†

FEATURES:

- Gluten-free
- Free from soy and dairy
- No artificial colors or preservatives
- Contains naturally-sourced ingredients
- No MSG

SUPPORTING INFORMATION:

Chromium picolinate, is a chelated, essential trace mineral found in dietary supplements. It plays an important role in normal blood sugar regulation, as well as supporting energy and athletic performance.*

WHAT MAKES THIS PRODUCT SPECIAL?

WHO IS IT FOR?

- Adults who like to stay active and work out, but do not want the crash or need support against the fatigue that can happen after.*
- Individuals who wish to stay active and support healthy organ function by helping to maintain a normal, steady blood sugar level and a healthy body composition.*†

WHAT MAKES IT UNIQUE?

- While a primary benefit of SPORT is a targeted product that helps to keep you moving even after a workout, the benefits cascade from there.*
- By encouraging an active lifestyle, SPORT is promoting physical activity which is a key pillar in maintaining overall health.*
- In conjunction with a reduced calorie diet and exercise, SPORT can also support healthy maintenance to the body's overall well-being and functions.*

WHAT IT IS NOT:

This is not an energy product to provide a surge in energy.

TOP FAQ:

1. Why is it important to support and maintain healthy blood sugar levels?

It is important to be proactive and maintain healthy blood sugar levels so that the body is better equipped to address normal glucose needs during the day.^[1,2]

2. What is insulin and why is it important?

Insulin is a hormone secreted by the pancreas that plays a key role in many bodily processes. Insulin not only helps to regulate blood sugar management; it also supports fat and protein metabolism.

3. What are Glycans?

Glycans (or Glyconutrients) are beneficial plant saccharides found in nature (saccharide is a formal name for sugar). Mannatech sources their Glycans from the inner leaf of the aloe vera plant, but there are more than 200 plant saccharides currently known to science. The majority of plant saccharides are not sweet, and they do not raise your blood sugar. Typically, when people hear "sugar" they think of processed white table sugar, which is a disaccharide. Mannatech does not use table sugar in Ambrotose products. Moreover, Mannatech uses specific plant-based sugars/saccharides that are known for beneficial health support.

DIRECTIONS: Take two capsules with 8 fl oz of water or other liquid immediately following exercise.

¹<https://www.healthline.com/health/blood-sugar-spike#prevention>

²<https://www.healthline.com/health/low-blood-sugar-effects-on-body#Central-nervous-system>

†When taken in conjunction with a reduced calorie diet and regular exercise.

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving % Daily Value		
Chromium (as chromium picolinate)	200 mcg	571%
Sterol Complex	800 mg	†
Orchic Substance (400 mg)		
Wild Yam Extract (root) (200 mg)		
Standardized to 12.5% (diosgenin 25 mg)		
Sarsaparilla (root) (200 mg)		
Ambrotose® Complex	5 mg	†
Acacia gum, arabinogalactan† (from <i>Larix</i> spp. wood), Aloe vera extract§ (inner leaf gel powder), Gum tragacanth		
Boron (as boron citrate)	2 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose, brown rice flour, silica, magnesium stearate.

Manufactured for Mannatech, Incorporated, 1410 Lakeside Parkway, Suite 200, Flower Mound, TX 75028 USA

†AmbroGuard® Arabinogalactan

§Manapol®Aloe vera extract

Please read the product labels for detailed information.