



Amp Up Your Exercise with Clean, Healthy Energy



Mannatech's EM•PACT® energy formula is more than just a sports supplement drink. This citrus-flavoured drink mix helps prevent work-out fatigue by providing L-carnitine. Mannatech's EM•PACT formula provides fuel to assist energy levels during times of strenuous physical activity.

Benefits:

- L-carnitine supports muscle tissue repair in individuals involved in resistance training, improve physical performance when used in conjunction with a training regimen and delays fatigue during physical activity.
- Magnesium contributes to the maintenance of normal muscle function.
- Helps prevent workout fatigue by providing L-carnitine.
- Provides medium-chain triglycerides that fuel your muscles and supply energy.
- Aloe has anti-inflammatory, antioxidant and immune-boosting properties.

Get the assist you need to support energy levels with EM•PACT today!

FUN FACT

On average, you should take a rehydration break at least every 20 minutes. Most people would stay adequately hydrated by drinking about 7 to 10 ounces of fluid every 10 to 20 minutes during exercise.

EM•PACT powder/poeier

Each 14 g serving (2 scoops) contains:

Ambrotose® Complex	20 mg
providing <i>Larix laricina</i> (Du Roi) K. Koch or <i>Larix occidentalis</i> Nutt. (Larch Arabinogalactan)	(8 mg)
<i>Aloe vera</i> (L.) Burm.f. (Aloe)	(4 mg)
[dry inner leaf juice]	
<i>Astragalus gummifer</i> Labill. (Tragacanth)	(4 mg)
[stem]	
<i>Senegalia senegal</i> (L.) Britton (Acacia gum)	(4 mg)
[exudate]	
Energy and endurance complex	12,2 g
Fructose	(11,5 g)
Medium chain triglycerides	(200 mg)
Magnesium aspartate	(100 mg)
providing elemental magnesium	[20 mg]
Magnesium succinate	(100 mg)
providing elemental magnesium	[17 mg]
Potassium aspartate	(100 mg)
providing elemental potassium	[23 mg]
Potassium succinate	(100 mg)
providing elemental potassium	[33 mg]
Choline bitartrate	(50 mg)
providing choline	[21 mg]
L-carnitine	(40 mg)
Soybean lecithin	(10 mg)

Elke porsie van 14 g (2 skeplepels) bevat:

Ambrotose®-kompleks	20 mg
verskaf <i>Larix laricina</i> (Du Roi) K. Koch of <i>Larix occidentalis</i> Nutt. (Larks Arabinogalaktan)	(8 mg)
<i>Aloe vera</i> (L.) Burm.f. (Aalwyn)	(4 mg)
[droë sap van binneste blaar]	
<i>Astragalus gummifer</i> Labill. (Tragakant)	(4 mg)
[stam]	
<i>Senegalia senegal</i> (L.) Britton (Akasiagom)	(4 mg)
[eksudaat]	
Energie- en uithouvermoëkompleks	12,2 g
Fruktose	(11,5 g)
Mediumkettingtriglyceriede	(200 mg)
Magnesiumaspartaat	(100 mg)
verskaf elementêre magnesium	[20 mg]
Magnesiumsuksinaat	(100 mg)
verskaf elementêre magnesium	[17 mg]
Kaliumaspartaat	(100 mg)
verskaf elementêre kalium	[23 mg]
Kaliumsuksinaat	(100 mg)
verskaf elementêre kalium	[33 mg]
Cholienbitartraat	(50 mg)
verskaf cholien	[21 mg]
L-karnitien	(40 mg)
Sojaboonlesitiën	(10 mg)

Contains sugar (11,5 g fructose per dose)

Bevat suiker (11,5 g fruktose per dosis)

Indications/Indikasies: EM•PACT is a combination complementary medicine to assist energy levels during times of strenuous physical activity./EM•PACT is 'n kombinasie- komplementêre medisyne wat help met energievlakke gedurende strawwe fisiese aktiwiteit.

Dosage and directions for use/Dosis en gebruiksaanwysings:

Adults: Mix two scoops (14 g) of EM•PACT drink mix with 250 — 500 mL water (one serving) or mix the contents of the entire jar into 5 litres of water. For best results, drink one serving 15 — 20 minutes prior to your exercise routine. Additional EM•PACT drink servings can be consumed during workouts extending beyond one hour. Do not exceed the recommended dosage./Volwassenes: Meng twee skeplepels (14 g) EM•PACT poeier met 250 — 500 mL water (een dosis) of meng die inhoud van die hele houder met 5 liter water. Vir die beste resultate, drink een dosis 15 — 20 minute voor jou oefensessie. Addisionele dosisse van EM•PACT kan gedrink word tydens oefensessies wat vir langer as een uur aanhou. Moenie die aanbevole dosis oorskry nie.

Warnings and special precautions/Waarskuwings en spesiale voorsorgmaatreëls:

If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health care provider before use. Discontinue use and consult a doctor if any adverse reaction occurs./Moenie neem indien u swanger is of u baba borsvoed nie. Raadpleeg u gesondheidsorgverskaffer voor gebruik indien u enige ander medisyne neem, 'n gesondheidstoestand het of 'n mediese prosedure beplan word. Staak die gebruik en raadpleeg 'n dokter indien enige ongunstige effekte voorkom.

Product Number/Produknummer: 19417

mannatech.com

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COMPLEMENTARY PRODUCTS: These great Mannatech products pair well with EM•PACT:



OsoLean®—

OsoLean powder includes whey protein and calcium from milk that have been clinically tested to promote fat loss and minimize loss of muscle tissue, when combined with a kilojoule-controlled diet.



Superfood™—

Superfood Greens and Reds is a pure, plant-based nutritional drink mix designed to help you increase your daily intake of fruits and veggies.



TruPLENISH™—

Packed with 20 grams of plant-based protein that help keep you satisfied, our fibre-rich TruPLENISH Shake also comes with vitamins, minerals, probiotics, enzymes and Glyconutrients.

**IMPROVE YOUR WORKOUT WITH A BURST OF ENERGY,
CONTACT ME TODAY!**

