



OSOLEAN® WHEY PROTEIN SUPPLEMENT (SKU #22101) PRODUCT TRAINING SHEET



PRODUCT BASICS

PRODUCT DESCRIPTION: Sometimes when you lose weight, you're also losing precious muscle. Fight flab and maintain lean muscle with our scientifically studied OsoLean whey protein supplement that can help promote loss of fat while preserving muscle mass when combined with the OsoLean plan and proper exercise.*

BENEFITS:

- Excellent source of high-quality protein.
- You lose fat while maintaining lean muscle.*
- Helps improve lean mass-to-fat ratio.*
- 10 grams of protein to help you feel full.*
- Good source of calcium.
- Supports the body's ability to protect against muscle loss associated with aging.*
- Helps fight-cravings.*
- Source of branched-chain amino acids (BCAAs).
- Supports muscle growth and retention.*
- Supports a keto friendly diet.*

FEATURES:

- All-natural
- No fillers
- Naturally sourced
- No artificial ingredients
- No MSG, artificial flavors, artificial colors or preservatives
- Gluten-free
- Suitable for vegetarians
- Low glycemic
- Kosher
- Patented technology

SUPPORTING INFORMATION:

OsoLean's whey mineral complex contains calcium and essential minerals such as phosphorus, magnesium, potassium, sodium and iron. OsoLean also contains essential amino acids called branched-chain amino acids (BCAAs) used to fuel working muscles and help stimulate protein synthesis.* OsoLean also contains the crucial Glyconutrient called Sialic Acid.

WHAT MAKES THIS PRODUCT SPECIAL?

WHO IS IT FOR?

- Primary: Individuals looking to add protein to their diet for fat loss and/or muscle gain.
- Secondary: Individuals looking to maintain healthy weight and muscle composition.

WHAT MAKES IT UNIQUE?

- OsoLean also contains the crucial Glyconutrient called Sialic Acid.
- Backed by two clinical studies:
 - Sinnott RA, Maddela RL, Nelson ED, et al. (2009) The modifying effects of a calcium-rich whey protein supplement (OsoLean® Powder) on weight loss and waist circumference in overweight subjects: a preliminary study. Open Nutraceuticals J 2:36-41.
 - Frestedt JL, Zenk JL, Kuskowski MA et al. (2008) A whey-protein supplement increases fat loss and spares lean muscle in obese subjects: a randomized human clinical study. Nutr Metab (Lond) 5(8):1-17.

WHAT IT IS NOT:

A meal replacement.

TOP FAQ:

1. Can I add OsoLean to a TruPLENISH™ Shake?

Yes, OsoLean is a great way to add additional protein to help keep you feeling full longer and keeping you on track for your fat-loss goals.*

DIRECTIONS: Mix 2 scoops in 8 fl oz of liquid or add to food twice daily. For best results, take this product with 8 fl oz of liquid 20 minutes before breakfast and 20 minutes before dinner. Not formulated for children.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

OsoLean powder

Supplement Facts

Serving Size 2 scoops (12.2 g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	45	
Protein	10 g	20%*
Calcium	225 mg	17%
Sodium	39 mg	2%*
Mannatein® Blend	12.1 g	
Hydrolyzed Whey Protein Isolate		†
Whey Mineral Complex		†
Sialic Acid	224 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Soy lecithin.

Contains Milk, Soy DIRECTIONS FOR ADULT USE: Mix 2 scoops (12.2 g) in 8 fl. oz. of liquid or add to food twice daily. For best results, take this product with 8 fl. oz. of liquid 20 minutes before breakfast and 20 minutes before dinner. Not formulated for use by children.

WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool, dry place.

Product Number: 22001

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