



EMPACT+® PERFORMANCE DRINK MIX (SKU #11701) PRODUCT TRAINING SHEET



PRODUCT BASICS

PRODUCT DESCRIPTION: For the first time ever, the major elements of fueling, hydration and recovery have been combined into a single fitness product.* EMPACT+ performance drink mix provides safe energy that you can enjoy any time.* You'll be able to do more—and recover faster.*†

BENEFITS:

- Provides a safe, delicious drink option all day, any day.
- Helps the body stay hydrated during physical activity.*†
- Provides a wide spectrum of electrolytes.
- Helps maintain muscle mass during exercise and weight management.*†
- Helps support post-exercise muscle repair and recovery.*†
- Long-term use (3-4 weeks) may aid in preserving muscle and energy levels during periods of calorie restriction.*†
- BSCG Certified Drug Free^

FEATURES:

- Free from soy, dairy, preservatives
- Contains naturally-sourced ingredients
- Suitable for vegans
- Contains fruit juice color for color
- Contains patented ingredients

SUPPORTING INFORMATION:

Amino acids are building blocks of protein. The branched-chain amino acids (BCAAs, which include valine, isoleucine, and leucine) are nutritionally essential from food in the diet, because they are not synthesized in the human body. BCAAs are important, especially for athletes, because they can help support the body's energy production, help reduce fatigue, help improve concentration and promote recovery after workouts.*

WHAT MAKES THIS PRODUCT SPECIAL?

POINT OF CONVENIENCE:

The single serving slimstick is convenient to use on-the-go, as well as provides an accurate measurement for each drink.

WHO IS IT FOR?

- Adults and children, 9 years and older, who would like a drink that provides endurance, hydration, energy and recovery support.

WHAT MAKES IT UNIQUE?

- EMPACT+ contains no stimulants, caffeine, or added sugars.
- EMPACT+ performance drink mix provides safe energy, replenishing electrolytes, vital nutrients and vegan branched-chain amino acids that help maintain and support post-exercise muscle repair and recovery (when consumed both prior to and following exercise).*[†]
- EMPACT+ is designed to provide you with a range of physical and mental support that power you through your workout—or your day's work—all in the convenience of a single fitness product containing clean energy.*

WHAT IT IS NOT:

EMPACT+ is not your typical energy drink or sugar-filled soda.

TOP FAQ:

1. I am allergic to citrus fruits; does EMPACT+ contain citrus?

Yes, EMPACT+ does contain citrus.

2. Can I drink EMPACT+ multiple times during the day?

Yes, EMPACT+ is the perfect all-day energy drink. Please use according to the directions.

3. Does EMPACT+ contain any banned substances?

No, EMPACT+ does not contain any banned substances. EMPACT+ is also currently pending approval for additional quality certification.

4. Why are electrolytes important while working out?

Electrolytes are minerals like potassium, sodium and magnesium that athletes lose through sweat. When you sweat, water leaves the body and so do electrolytes. When the body is losing water, your body needs rehydration with water and electrolytes.

DIRECTIONS: Add one slimstick into 8-10 oz of cold water. Mix or shake immediately before drinking. Drink one to three times daily. For optimal results, take between meals, 30 minutes before exercise, during exercise and/or immediately after exercise.

†When using 1 stick in 8 oz of water, 2-3x per day.

‡When consumed prior to and following workouts.

^Lot #3583801

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

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EMPACT+ slimsticks

Supplement Facts

Serving Size 1 slimstick (10.2 g)
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	40	
Total Carbohydrates	6 g	2%*
Dietary Fiber	1 g	4%*
Total Sugars	0 g	
Includes 0 g Added Sugars		0%*
Vitamin D (as ergocalciferol)	1 mcg	5%
Thiamin (as thiamin hydrochloride)	3 mg	250%
Niacin (as niacinamide)	10 mg	63%
Vitamin B ₆ (as pyridoxine hydrochloride)	0.4 mg	24%
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg	500%
Calcium (as calcium gluconate)	25 mg	2%
Iron (as ferrous gluconate)	2.7 mg	15%
Magnesium (as magnesium gluconate)	15 mg	4%
Manganese (as manganese gluconate)	1 mg	43%
Sodium (as sea salt)	100 mg	4%*
Potassium	58 mg	1%
EMPACT+ Performance Blend	7 g	
L-Leucine (vegan fermented)		†
L-Isoleucine (vegan fermented)		†
L-Valine (vegan fermented)		†
Betaine		†
Mushroom Complex		
<i>Cordyceps militaris</i> (Cordyceps)		†
<i>Ganoderma lucidum</i> (Reishi)		†
<i>Pleurotus erygii</i> (King trumpet)		†
<i>Lentinula edodes</i> (Shiitake)		†
<i>Hericium erinaceus</i> (Lion's mane)		†
Trametes versicolor (Turkey tail) (as PeakO ₂ ™)		†
Not a significant source of saturated fat, trans fat, cholesterol, protein, vitamin D, calcium, iron and potassium.		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Citric acid, malic acid, natural flavors, Reb A (stevia leaf extract), rice hull concentrate, monk fruit powder, fruit juice color, aloe vera extract powder (inner leaf gel powder)[§].

Adults and children 9 years and older: Add one slimstick into 8-10 oz. of cold water. Mix or shake immediately before drinking. Drink one to three times daily. For optimal results, take between meals, 30 minutes before exercise, during exercise and/or immediately after exercise.

Do not use if slimstick is torn. Keep out of reach of children. Store in a cool, dry place.

WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult your doctor if any adverse reactions occur.

Product Number 11701

§Manapol® Aloe Vera Extract

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