

What is Your Microbiome?

Human health is affected by the more than 100 trillion microbes that live in and on your body. Many of these microbes are both necessary and beneficial; supporting the immune system, protecting against toxins and enabling digestion. Collectively, this community of microscopic organisms is known as your **microbiome**.

Everyone's microbiome is different, it's as unique as your fingerprint. Your microbiome starts with your mother and as you develop and age it is exposed to and altered by everything you encounter; such as your family, pets and surfaces around you. When working properly, your microbiome adjusts to achieve balance after it is exposed to foreign bacteria.

Your health is affected by the vibrancy of your microbiome.

Why Your Gut Microbiome is Important

Science has proven your gut and brain talk continually, carrying information back and forth through the nervous system. This bidirectional communication system is called the **gut-brain axis (GBA)**.[†] Through this connection, the gut can signal the central nervous system; influencing bodily functions like mood, immune response, digestion and heart rate.^{††}

To learn more about the microbiome, visit us.mannatech.com/gi-biome



[†]Carabotti, Marilia, Sciocco, Annunziata. "The gut-brain axis: interactions between enteric microbiota, central and enteric nervous systems." *Annals of Gastroenterology*: 2016; 29(2):240. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4367209/>

^{††}Breit Sigrid, Kupferberg Aleksandra, Rogler Gerhard, Hasler Gregor. "Vagus Nerve as Modulator of the Brain -Gut Axis in Psychiatric and Inflammatory Disorders." *Frontiers in Psychiatry*. March 13, 2018. <https://www.frontiersin.org/articles/10.3389/fpsy.2018.00044/full>

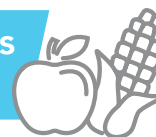
Threats to Your Microbiome

A modern lifestyle can take a big toll on your health and ultimately your gut microbiome, which can leave your system vulnerable to a weakened immune system, **Leaky Gut**, poor moods and various digestive issues. Threats may include exposure to:

- Antibiotics
- Pesticides
- Poor Nutrition
- Anti-bacterial Soaps
- Herbicides
- Stress
- Alcohol
- And more



Even fruit and vegetable nutrients are less concentrated today.



TRY IT NOW, RISK FREE.

If you do not feel a positive difference in your health within 90 days, we'll gladly refund your money. Contact the person who shared this information with you today to get started!

Try the GI-Biome System for a healthy, balanced microbiome.
CONTACT ME TODAY!

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**

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3 Ways to Support a Healthier Microbiome*

HELP
STRENGTHEN

BUILD
BALANCE

OPTIMIZE
SUPPORT



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Digestive Health Starts With the GI-Biome System*

HELP STRENGTHEN YOUR GUT BARRIER WITH GI-DEFENSE™

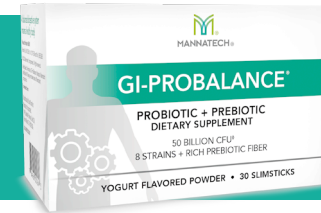


GI-Defense—Formulated with the *Glycobiome and Butyrate Support Blend*, which supports your body's ability to naturally replenish butyrates. These short-chain fatty acids are crucial to strengthening and nourishing the intestinal lining. A strong gut lining provides the stability needed for beneficial microbes to thrive and supports vital gut-brain signaling needed for good health.*

GI-Defense capsules are formulated to:

- Help strengthen and support gut barrier function and integrity.*
- Support healthy intestinal permeability and environment.*
- Help purify the gut and balance beneficial bacteria.*
- Support short chain fatty acid (SCFA) production, especially butyrate production.*
- Support healthy functioning of the digestive and immune systems.*
- Help comfort feelings of gas and bloating.*

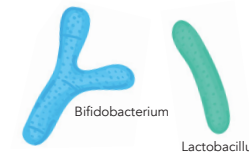
BUILD BALANCE FOR YOUR GUT BACTERIA WITH GI-PROBALANCE®



GI-ProBalance—Specially formulated with a *MannaBiotic™ Blend* consisting of 8 powerful strains including *Lactobacillus* and *Bifidobacterium* strains totaling 50 Billion CFU.† These beneficial bacteria strains were specifically selected because they can survive many stages of digestion to support the natural balance of good bacteria and help maintain good digestion. GI-ProBalance also includes a special blend of prebiotic fiber that helps to nourish and fuel the probiotics so they colonize and can increase their effectiveness.*

GI-ProBalance slimsticks are formulated to:

- Support a natural balance of good bacteria to maintain healthy digestion.*
- Help support the body against occasional intestinal disturbances and typical, occasional digestive upsets.*
- Promote natural immune function.*
- Supplement natural probiotic levels that might fluctuate due to normal aging, diet or other normal digestive issues.*
- Contain acid-resistant probiotic strains.



OPTIMIZE SUPPORT FOR YOUR DIGESTION WITH GI-ZYME®



GI-Zyme—Through a powerful blend of digestive enzymes functioning at a wide range of pH activities and natural botanical ingredients, combined to target an array of foods, GI-Zyme is designed to help improve digestion and the absorption of nutrients from food, while reducing typical discomfort that can be caused by normal eating.*

GI-Zyme capsules are formulated to:

- Help support gut-brain health by enhancing the gut microbiome.*
- Support maximum level of nutrient absorption.*
- Assist in breaking down proteins, fats, carbohydrates, fibers, and vegetables.*
- Provide enzymes functioning at a wide range of pH activities (pH 2.0-8.0).*
- Supplement natural digestive enzyme levels due to normal aging, diet or other digestive needs for support.*

When all 3 products are taken together, the **GI-Biome System** paves the way for digestive health and microbiome support for many other systems in your body.*

†GI-ProBalance contains 50 billion colony forming units (CFU) at time of manufacture, with 8.5 billion colony forming units guaranteed at the time of expiration.

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<https://library.mannatech.com/11574>

