



Pure, Plant-Based Nutrition

It Tastes as Good as You'll Feel



At last, there's Superfood Greens and Reds—a **pure, plant-based nutritional drink mix designed to help you increase your daily intake of fruits and veggies**. Superfood drink mix is a comprehensive blend containing vitamin C, aloe, prebiotic fibres and 16 fruits and vegetables.

Bursting with potent vitamins, minerals, chlorophyll and phytonutrients, Superfood also has a very special added ingredient: Soursop, an ancient, powerful superfruit that contains antioxidants!

Superfood is a concentrated greens and reds powder containing fruits and vegetables that goes far beyond basic green powders. A delicious strawberry-kiwi flavour that's perfect for those who are trying to increase their daily servings of fruits and vegetables.

Superfood Greens and Reds drink mix has many benefits:

- Ketogenic and vegan friendly.
- Free from preservatives, artificial colours, artificial flavours or artificial sweeteners.
- Non-irradiated.
- Made with organic strawberry, raspberry, blueberry, tart cherry, elderberry, and cranberry.
- Contains Betaine, sourced from beetroot, which is a powerful amino acid.
- Contains 4g of fibre per serving.
- Contains Mannatech's proprietary Glyconutrient[†] blend.

DID YOU KNOW

Only half of adults meet the recommended dietary guidelines for their daily servings of fruit and just one third get enough vegetables.¹

[†]Glyconutrients are beneficial saccharides found in nature.

¹SOURCE: <https://www.csiro.au/~media/News-releases/2017/Diets-lacking-fruit-veg/Text-version-Fruit-Vegetables-and-Diet-Score-April-2017.txt>

Superfood Greens and Reds

Nutrition Information

Servings per container: 30

Serving size: 1 scoop (6.4 g) + 250 mL of water

Average Quantity	per serving	per 100 mL
Energy	99 kJ	39 kJ
Protein	2 g	1 g
-gluten	0 g	0 g
Fat, total	0 g	0 g
-saturated fat	0 g	0 g
Carbohydrates, total	4 g	1 g
-fibre	0.9 g	0 g
-sugars	0 g	0 g
Sodium	25 mg	10 mg
Potassium	47 mg	18 mg
Vitamin C (ascorbic acid)	30 mg (67% RDI*)	12 mg
Betaine (derived from the molasses of sugar beets)	2 g	780 mg
Vegetables (spinach, carrot, broccoli, kale)	1.26 g	491 mg
Fruits (soursop, prune, pomegranate, strawberry, raspberry, blueberry, tart cherry, elderberry, cranberry, acerola cherry)	576 mg	225 mg
Prebiotic fibres (isomaltoligosaccharides, acacia gum)	833 mg	325 mg

†Recommended Dietary Intake

Directions For Use: Add 1 scoop (6.4 g) to 250 mL of water and mix well. Drink once a day.

Ingredients: Betaine (Derived from the molasses of sugar beets) 32.5%, Natural Strawberry-Kiwi Flavour, Isomaltoligosaccharides 9%, Soursop (Graviola) 7.8%, Spinach 7.8%, Carrot 7.6%, Acidity regulator (Citric acid), Thickener (Acacia gum) 4%†, Broccoli 3.9%, Alfalfa juice concentrate 3.9%, Acidity regulator (Malic acid), Spirulina 1.6%, Natural Masking Flavour, Sweetener (Steviol glycosides), Ascorbic acid (Vitamin C), Kale 0.4%, Prune 0.3%, Pomegranate 0.2%, Organic Strawberry 0.2%, Organic Raspberry 0.2%, Organic Blueberry 0.2%, Organic Tart cherry 0.1%, Organic Elderberry 0.03%, Thickener (Arabinogalactan) 0.03%*, Organic Cranberry 0.02%, Thickener (Tragacanth gum) 0.01%†, Aloe vera gel extract powder 0.003% **, Acerola cherry.

*AmbroGuard® Arabinogalactan

** Manapol® Aloe vera extract powder

†Glyconutrient Blend Ingredient

Do not use if seal is missing or broken.

Store in a cool, dry place.

Product Number/Produktionsnummer: 24002

mannatech.com

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COMPLEMENTARY PRODUCTS:
These great Mannatech products pair well with Superfood:



Ambrotose LIFE®—Ambrotose® powders are formulated with a specialized blend of special plant saccharides called Glyconutrients to support your immune system. With an added bonus of digestive system support, these powders help keep your health at its best.



Catalyst™ Multivitamin—Catalyst™ Multivitamin tablets combine natural, plant-based nutrients with the best of scientifically sourced ingredients. We've reformulated it to be better than ever, with 29 vitamins, minerals and nutrients with maximum nutritional benefits and easy physical absorption.



TruPLENISH™—TruPLENISH shakes are one of the core components of our program. It is a plant-based, complete meal replacement full of vitamins, minerals, probiotics and over 20 grams of protein which contains our proprietary Glyconutrient blend. It comes in delicious chocolate and vanilla flavours.

CONTACT ME FOR SUPERFOOD!