

Advanced Daily Nutrition In Convenient Packaging



Worry-free supplementation with OSP just got healthier! OSP takes the guess work out of what to take and when, with our pre-packaged packets containing three of our core products. Each serving provides the advanced nutritional foundation for a healthy lifestyle.*

Catalyst™ Multivitamin (2)

- Contains 100% or more of DV for 19 key nutrients.
- Can help to maintain healthy immune system function.*
- Supports cardiovascular, liver, kidneys and nervous system.*
- Helps to maintain healthy blood pressure and blood sugar levels.*

PLUS™ (2)

- Supports breast, prostate, bone and colon health.*
- Supports the health of the immune, nervous and cardiovascular systems.*
- Is formulated to keep your endocrine system healthy.*

Ambrotose AO® (1)

- Helps the body guard against the effects of oxidative stress with antioxidant-rich nutrients.*
- Protects your cells with water- and fat-soluble antioxidants.*
- Offers additional immune support.*
- Provides effective defense against the effects of free radicals.*

FUN FACT

Formulated to help protect against nutritional deficiencies and the effects of oxidative stress, Optimal Support Packets are an answer for life on-the-go no matter what your nutritional goals. OSP provides powerful antioxidant support to help protect your cells against the harmful effects of toxins, environmental stress, poor diet and daily physical stress.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



OSP Optimal Support Packets

Supplement Facts

Serving Size: 1 packet (approximately 6.0 g) 1 Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Protein	2 g	4%**
Vitamin A (as beta carotene and mixed carotenes)	750 mcg RAE	80%
Vitamin C (as ascorbic acid and acerola fruit extract)	225 mg	250%
Vitamin D (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha-tocopheryl succinate with mixed tocopherols and tocotrienols)	32 mg	210%
Thiamin (as thiamine mononitrate and from baker's yeast)	3 mg	250%
Riboflavin (as riboflavin and from baker's yeast)	3.4 mg	260%
Niacin (as niacinamide and from baker's yeast)	10 mg NE	60%
Vitamin B ₆ (as pyridoxal-5-phosphate and from baker's yeast)	4 mg	240%
Folate (as calcium L-5 methyltetrahydrofolate and from baker's yeast)	555 mcg DFE (333 mcg Folic Acid)	140%
Vitamin B ₁₂ (as cyanocobalamin and baker's yeast)	12 mcg	500%
Biotin (as biotin from baker's yeast)	150 mcg	500%
Pantothenic Acid (as calcium D-pantothenate and from baker's yeast)	20 mg	400%
Choline (as choline bitartrate)	25 mg	5%
Calcium (as calcium citrate-malate)	25 mg	2%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, magnesium bisglycinate)	335 mg	80%
Zinc (as zinc bisglycinate chelate)	7.5 mg	70%
Selenium (as L-selenomethionine)	100 mcg	180%
Copper (as copper glycinate)	1 mg	110%
Manganese (as manganese glycinate)	1 mg	45%
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	570%
Molybdenum (as molybdenum glycinate chelate)	37.5 mcg	80%
Sodium	5 mg	<1%
Ambrotose® Complex	356 mg	†
Gum Arabic, Xanthan Gum, Gum Tragacanth, Ghatti Gum, Arabinogalactan (from <i>Larix spp.</i> wood), Aloe vera (inner leaf gel powder)		
Wild Yam Extract	400 mg	†
L-Glutamic Acid	400 mg	†
Glycine	400 mg	†
L-Lysine (as L-Lysine HCl)	400 mg	†
L-Arginine (as L-Arginine HCl)	190 mg	†
MTech AO Blend®	117 mg	†
Quercetin Dihydrate, Grape Skin Extract, Green Tea Extract (leaf), Australian Bush Plum (<i>Terminalia ferdinandiana</i>) (fruit)		
Beta-Sitosterol (from plant sterols)	50 mg	†
Ashwagandha† root and leaf extract (<i>Withania somnifera</i>)	62.5 mg	†
Boron (from boron glycine and boron amino acid chelate)	3 mg	†
Vanadium (as vanadium amino acid chelate)	100 mcg	†
Inositol	12.5 mg	†
Alpha-Lipoic acid	7.5 mg	†
Spirulina	100 mg	†
Coenzyme Q10	6 mg	†
Optimal Support Phyto-Blend	52 mg	†
Proprietary Veggie Blend (Broccoli, broccoli sprouts, tomato, carrot, spinach, kale), Proprietary Berry Blend (Strawberry, blueberry, raspberry, tart cherry, elderberry, cranberry), Broccoli (flower/stalk), Brussels Sprout (aerial part), Cabbage (leaf), Carrot (root), Cauliflower (flower/stalk), Garlic (bulb), Kale (leaf), Onion (bulb), Tomato (fruit), Turnip (root), Papaya (fruit), Pineapple Juice Powder (fruit)		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, croscarmellose sodium, rice hull concentrate, silicon dioxide, calcium carbonate, peppermint flavor, citric acid, glycerin, medium chain triglycerides, xylitol, magnesium stearate.

†When taken in conjunction with a reduced calorie diet and exercise.

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Now with Catalyst Multivitamin!

With 30 vitamins, minerals and nutrients chosen for maximum nutritional benefits and easy physical absorption, Mannatech takes it one step further by including the powerful herbal, Ashwagandha, to provide you with the mood, energy and sleep support.*

Catalyst Multivitamin contains 19 essential nutrients providing 100% or more of DV.

- Provides 100% of the DV of vitamin D, iodine.
- Provides more than 100% of the DV of vitamin A, vitamin C, vitamin E, thiamine, riboflavin, niacin, vitamin B₆, Folate, vitamin B₁₂, biotin, pantothenic acid, magnesium, zinc, selenium, copper, molybdenum and chromium.

Unlike other multivitamins, Catalyst Multivitamin contains the scientifically studied support of Sensoril® ashwagandha.

- It's a patented strain of ashwagandha supported by 11 scientific studies.
- It's a well-known as an adaptogen (natural substances that help the body to adapt to stress and exert a normalizing effect upon bodily processes) with restorative properties.*
- It supports a balanced body and mind.*
- It's one of the most powerful herbs in Ayurvedic practices.*
- It may help support your body against the effects of stress, fatigue, lack of energy and impaired concentration.*

How is Catalyst Multivitamin superior to PhytoMatrix®?

Reformulated to be more effective than ever, Catalyst Multivitamin offers additional benefits that PhytoMatrix caplets do not.* This includes fat-loss support†, help to support your body's response to stress, and support for healthy blood pressure levels and healthy liver function.* Catalyst Multivitamin also contains nutrients such as Inositol, Choline, CoQ10 and Alpha Lipoic Acid (ALA) that PhytoMatrix does not offer.

IF YOU WANT YOUR BODY TO DO THE AMAZING THINGS IT WAS MADE TO DO, CONTACT ME TODAY:

100% Satisfaction Guarantee! If you try our products and are not completely satisfied for any reason, you can return them within 90 days of purchase for either an exchange of like products or a 100% refund.

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