



Get the Edge You're Looking For with EMPACT+™

Endurance.* Hydration.* Recovery.*



BSCG CERTIFIED DRUG FREE · DAIRY FREE · SOY FREE · VEGAN FRIENDLY · NO MSG · GLUTEN FREE

What it Is

EMPACT+ performance drink mix is a new, all-in-one fitness product. It combines the major elements of fueling, hydration and recovery into one great-tasting drink.* It is a natural alternative to sports and energy drinks that contain stimulants and/or artificial sweeteners.

What it Does

EMPACT+ provides safe energy, replenishing electrolytes, vital nutrients and branched-chain amino acids that help maintain and support the development and rebuilding of muscle tissue.* It is designed to provide you with a range of physical and mental enhancements that power you through your workout, or your day's work.

How to Use It

Stir contents of one slimstick into 8-10 ounces of cold water and drink. Can be enjoyed one to three times daily, including between meals. For optimal results, drink 30 minutes before, during or immediately after exercise. Suitable for ages 9 and up.

Benefits:

- Provides a safe, delicious drink option all day, any day
- Helps the body stay hydrated during physical activity*†
- Provides a wide spectrum of beneficial electrolytes
- Helps maintain muscle mass during exercise and weight management*‡
- Help support post-exercise muscle repair and recovery*‡
- Long-term use (3-4 weeks) may aid in preserving muscle and energy levels during periods of calorie restriction*‡
- BSCG Certified Drug Free^

FUN FACT

This three-in-one fitness drink is designed for athletes but is suitable for everyday use by men and women who want a safe boost of energy, without the unhealthy additives common to popular sports drinks.

100% Satisfaction Guarantee! If you try our products and are not completely satisfied for any reason, you can return them within 180 days of purchase for either an exchange of like products or a refund.

†When using 1 stick in 8 oz of water, 2-3x per day

‡When consumed prior to and following workouts

^Lot #3583801

For distribution in the U.S. only.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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EMPACT+ Performance Drink Mix

Supplement Facts

Serving Size 1 slimstick (10.2 g)
Servings Per Container 30

	Amount Per Slimstick	% Daily Value
Calories	40	
Total Carbohydrates	6 g	2%*
Dietary Fiber	1 g	4%*
Total Sugars	0 g	
Includes 0 g Added Sugars		0%*
Vitamin D (as ergocalciferol)	1 mcg	5%
Thiamin (as thiamin hydrochloride)	3 mg	250%
Niacin (as niacinamide)	10 mg	63%
Vitamin B_6 (as pyridoxine hydrochloride)	0.4 mg	24%
Vitamin B_{12} (as cyanocobalamin)	12 mcg	500%
Calcium (as calcium gluconate)	25 mg	2%
Iron (as ferrous gluconate)	2.7 mg	15%
Magnesium (as magnesium gluconate)	15 mg	4%
Manganese (as manganese gluconate)	1 mg	43%
Sodium (as sea salt)	100 mg	4%*
Potassium	58 mg	1%
EMPACT+ Performance Blend	7 g	
L-Leucine (vegan fermented)		†
L-Isoleucine (vegan fermented)		†
L-Valine (vegan fermented)		†
Betaine		†
Mushroom Complex		
Cordyceps militaris (Cordyceps)		†
Ganoderma lucidum (Reishi)		†
Pleurotus erygii (King trumpet)		†
Lentinula edodes (Shiitake)		†
Hericium erinaceus (Lion's mane)		†
Trametes versicolor (Turkey tail) (as PeakO$_2$™)		†

Not a significant source of saturated fat, trans fat, cholesterol and protein.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Citric acid, malic acid, natural flavors, Reb A (stevia leaf extract), rice hull concentrate, monk fruit powder, fruit juice color, aloe vera extract powder (inner leaf gel powder)§.

§ Manapol® Aloe Vera Extract

Adults and children 9 years and older: Add one slimstick into 8-10 oz. of cold water. Mix or shake immediately before drinking. Drink one to three times daily. For optimal results, take between meals, 30 minutes before exercise, during exercise and/or immediately after exercise.

Do not use if slimstick is torn. Keep out of reach of children. Store in a cool, dry place.

WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult your doctor if any adverse reactions occur.

Product Number 11701

US.11701B.48.002

PRE- AND POST-WORKOUT PROTEIN CREAMSICLE



INGREDIENTS:

- EMPACT+ Slimstick
- 2 Scoops OsoLean
- 10 oz. cold water

INSTRUCTIONS:

Mix all ingredients together. You can add ice cubes and blend the mixture to create a frozen pre- or post-workout treat!

OTHER IDEAS:

- Mix EMPACT+ with your morning TruPlenish Vanilla Shake
- Add sliced strawberries or berries to your EMPACT+ for a "fruit infused" workout drink

COMPLETE YOUR FAT LOSS* WITH THIS COMBO

Adding EMPACT+ to your TruHealth™ bundles can provide a natural boost to your energy so you can do more. You can also create pineapple orange flavored shakes. Shaping a New You never tasted so good!



PROMOTE LEAN MUSCLE

Add Osolean® powder to your pre- or post-workout drink to provide your body an even greater advantage and help to improve lean mass-to-fat ratio.†*



For Additional Information, Contact:

†When combined with a reduced-calorie diet and exercise.

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