



彻底重塑您的身形[†] 方式健康而自然



TruPLENISH™ Nutritional Shake
营养代餐冲剂
奠定了我们
TruHealth
30 天“速效”减脂套组的基础*

TruHealth Shake 营养代餐冲剂的
配方和成分表请见背页

如果您讨厌穿宽松衣服,而且感觉再也无法穿上紧身牛仔裤,那说明您该重塑自己的体形了。现在,您可以利用寰泰纯天然营养代餐冲剂,减掉您身上多余的脂肪。[†]

每小袋 TruPLENISH Shake 营养代餐冲剂含 **20 克植物蛋白**,可帮助您获得饱腹感,而且它还富含纤维素以及维生素、矿物质、益生菌、酶和酪质营养素。您可以选择巧克力味或香草味,TruPLENISH Shake 营养代餐冲剂可以与多种水果和蔬菜搭配食用,让您每天体验不同的口味。总之,这是一种完全能满足您身体所需的营养代餐!

您的身体将因服用它而表现得神奇。TruPLENISH Shake 营养代餐会让您变得像过去一样美丽,充满活力。**立即购买 TruPLENISH Shake 营养代餐冲剂,开始塑造您期望的健康体形!**[†]

优点:[†]

- 有助于保持强健肌肉。*
- 帮助减轻饥饿感,增强饱腹感。*
- 支持健康体重管理。*
- 促进健康减重。*
- 促进健康消化。*
- 帮助形成健康的习惯。*
- 让您气色好、感觉好。*
- 通过包含酪质营养素的特定植物糖混合物,促进细胞之间的沟通。



100% 满意保证!如果您在试用我们的产品后不完全满意,无论出于何种原因,您均可在购买后 180 天内将其退回,换取同类产品或获得全额退款。

[†]个人效果可能因人而异。^{*}建议配之以低热饮食和定期锻炼。

*此说明尚未经过食品药品监督管理局评估。本产品不可用于诊断、治疗、治愈或预防任何疾病。

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TruPLENISH 产品成分表

Supplement Facts			
Serving Size 2 scoops (38.9 g)		RICH CHOCOLATE	
Servings Per Container 14			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	150	Pantothenic acid (from yeast)	2.75 mg 55%
Calories from Fat	20	Iodine (from yeast)	15 mcg 10%
Total Fat	2 g 3%†	Magnesium (from marine mineral complex and algae)	40 mg 10%
Total Carbohydrate	9 g 3%†	Zinc (from yeast)	1.5 mg 14%
Dietary Fiber	6 g 21%†	Selenium (from yeast)	7 mcg 13%
Total Sugars	2 g	Copper (from yeast)	0.2 mg 22%
Includes 2 g added sugars	4%†	Manganese (from yeast)	0.2 mg 9%
Protein	20 g 40%†	Chromium (from yeast)	12 mcg 34%
Vitamin A (as beta-carotene)	300 mcg RAE 33%	Molybdenum (from yeast)	7.5 mcg 17%
Vitamin C (from acerola)	25 mg 28%	Sodium	271 mg 12%
Calcium (from algae)	200 mg 15%	Potassium	132 mg 3%
Iron (from protein blend)	3.7 mg 21%	Alpha-Linolenic Acid (from flaxseed and chia seed)	160 mg †
Vitamin D (from mushroom)	5 mcg 25%	<i>Lactobacillus acidophilus</i>	1 Billion CFU (at the time of manufacture) †
Vitamin E (as d-alpha tocopherol)	10 mg 67%	Proprietary Digestive Enzyme Blend (Alpha & Beta Amylase, Protease 1, Protease 2, Lactase, Lipase, Cellulase, Invertase)	50 mg †
Thiamin (from yeast)	0.7 mg 58%		
Riboflavin (from yeast)	0.8 mg 62%		
Niacin (from yeast)	8 mg NE 50%		
Vitamin B6 (from yeast)	0.9 mg 53%		
Folate (from yeast)	330 mcg DFE 83% (200 mcg Folic Acid)		
Vitamin B12 (from yeast)	3 mcg 125%		
Biotin (from yeast)	75 mcg 250%		

Other ingredients: Pea protein, brown rice protein, acacia gum, fructose, cocoa powder, guar gum, natural flavors, Reb A (stevia leaf extract), Glyconutrient Proprietary Blend (Arabinogalactan, aloe vera extract [inner leaf gel powder], gum tragacanth), safflower oil powder, Proprietary Berry Blend (Strawberry, blueberry, raspberry, tart cherry, elderberry, cranberry), Proprietary Veggie Blend (Broccoli, broccoli sprouts, tomato, carrot, spinach, kale).

Supplement Facts			
Serving Size 2 scoops (37.2 g)		CREAMY VANILLA	
Servings Per Container 14			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	145	Iron (from protein blend)	3.7 mg 21%
Calories from Fat	17	Iodine (from yeast)	15 mcg 10%
Total Fat	2 g 3%†	Magnesium (from marine mineral complex and algae)	40 mg 10%
Total Carbohydrate	8 g 3%†	Zinc (from yeast)	1.5 mg 14%
Dietary Fiber	5 g 18%†	Selenium (from yeast)	7 mcg 13%
Total Sugars	2 g	Copper (from yeast)	0.2 mg 22%
Includes 2g added sugars	4%†	Manganese (from yeast)	0.2 mg 9%
Protein	20 g 40%†	Chromium (from yeast)	12 mcg 34%
Vitamin A (as beta-carotene)	275 mcg RAE 31%	Molybdenum (from yeast)	7.5 mcg 17%
Vitamin C (from acerola)	25 mg 28%	Sodium	205 mg 9%
Vitamin D (from mushroom)	5 mcg 25%	Potassium	44 mg 1%
Vitamin E (as d-alpha tocopherol)	10 mg 67%	Alpha-Linolenic Acid (from flaxseed and chia seed)	160 mg †
Thiamin (from yeast)	0.7 mg 58%	<i>Lactobacillus acidophilus</i>	1 Billion CFU (at the time of manufacture) †
Riboflavin (from yeast)	0.8 mg 62%	Proprietary Digestive Enzyme Blend (Alpha & Beta Amylase, Protease 1, Protease 2, Lactase, Lipase, Cellulase, Invertase)	50 mg †
Niacin (from yeast)	8 mg NE 50%		
Vitamin B6 (from yeast)	0.9 mg 53%		
Folate (from yeast)	333 mcg DFE 83% (200 mcg Folic Acid)		
Vitamin B12 (from yeast)	3 mcg 125%		
Biotin (from yeast)	75 mcg 250%		
Pantothenic acid (from yeast)	2.75 mg 55%		
Calcium (from algae)	200 mg 28%		

Other ingredients: Pea protein, brown rice protein, acacia gum, fructose, guar gum, natural flavor, safflower oil powder, Reb A (stevia leaf extract), Glyconutrient Proprietary Blend (Arabinogalactan, aloe vera extract [inner leaf gel powder], gum tragacanth), xanthan gum, Proprietary Berry Blend (Strawberry, blueberry, raspberry, tart cherry, elderberry, cranberry), Proprietary Veggie Blend (Broccoli, broccoli sprouts, tomato, carrot, spinach, kale).

WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool, dry place. Contents may settle during shipping. This product is sold by weight, not volume.

Guaranteed free from gluten, dairy, soy, genetically modified DNA, MSG, flavors or sweeteners

TruHealth Signature 营养代餐冲剂



成分：

- 2 勺 TruPLENISH Nutritional Shake 营养代餐冲剂 (巧克力味或香草味)
- 1/2–1 杯您喜爱的水果 (冷冻浆果就非常不错)
- 2 杯切碎的有机甘蓝叶, 去掉硬梗, 用菠菜也可以。
- 6 个冰块 (提高冰镇效果)
- 1 杯水、椰子汁或杏仁乳
- 1/2 茶匙或少量甜叶菊或木糖醇
- 1/2 汤匙健康脂肪 (我们建议选用椰子油或亚麻籽油)

说明：

将水果、甘蓝叶/菠菜、冰块、水、甜叶菊、健康脂肪和 TruPLENISH 营养代餐冲剂加入搅拌器中。搅拌几次, 打成均匀的糊状, 必要的话刮下壁上粘附的部分。继续搅拌, 添勺尝味。此时便可美美地享用了!

如果您准备重塑体形并取得成效, 请立即与我联系!

附言: 30 天后, 您一定会后悔今天没有立即行动!

*在开始采用新的饮食或减脂计划之前, 请始终咨询您的医师或其他有资质的医疗保健提供者。本计划不建议孕妇或哺乳期女性使用。如果您正在服用药物、存在健康问题或计划接受医疗手术, 在开始采用本计划前请咨询您的健康专业人士。另外不建议 18 岁以下儿童使用。如果您对于这些事宜有任何疑问, 应咨询您的医生或其他医疗保健提供者。

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