

TruHealth 30-Day System For the Love of Self

Discover the TruHealth System, a comprehensive solution for achieving your ideal weight and helping improve your overall cellular health.*



All-Vegan, Decadent Vanilla TruHealth Shake:

- Fires up a healthy metabolism and powers up a steady energy level*
- Aids in weight loss, tames cravings and safeguards muscle mass*†
- Champions lean muscle development, muscle recovery and strength*
- Can help boost nutrient absorption and fosters a healthy gut-brain axis*
- Provides an excellent source of protein, helps keep hunger at bay and aids workout recovery*
- Promotes digestive health with digestive enzymes and prebiotic fiber*



Strawberry Apple TruHealth Cleanse Drink Mix:

- Supports your body's natural detox process and sends harmful impurities packing*
- Gives your skin a vitality boost and contributes to a lighter, brighter you*
- Nourishes your body with a hydrating blend of vitamin B6, greens, prebiotic fiber and enzymes*
- Champions total body support, including cellular health and healthy aging*
- Best friends with your gut and liver, supporting effective detoxification*
- Contains an alkalizing greens blend for overall health and wellness*
- Cares for your mood and mental well-being*
- Helps reduce feelings of bloating*



TruSHAPE Advanced Fat-Loss Support - Capsules:

- Keeps your gut happy by aiding in the digestion and use of carbs*
- Supports healthy blood glucose levels already within a normal range*
- Supports a healthy cardiovascular system and healthy blood lipids already in the normal range*
- Gives you a feeling of fullness, helping you say "no" to unhealthy snacks*
- Assists in maintaining a healthy body composition and reducing body fat*†
- Helps boost your metabolism, supporting your weight management goals*†

**FOR THE LOVE OF SELF, CONTACT THE PERSON WHO SHARED THIS INFORMATION
AND ORDER YOUR TRUHEALTH BUNDLE TODAY!**

*When taken in conjunction with a reduced calorie diet and regular exercise.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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