

TruHealth[®]

by MANNATECH

30-DAY
FAT-LOSS
SYSTEM
Supplement
Facts



TruHealth Shake



TruHealth Cleanse



TruSHAPE[™]
Advanced Weight
Management
Capsules

Supplement Facts

Serving Size 1 scoop (36.1 g)
Servings Per Container 15

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 160		Prebiotic Fiber Blend 4.9 g	**
Fat 6 g	8% [‡]	Baobab (<i>Adansonia digitata</i>) fruit, Gum arabic, Jerusalem artichoke root	
Saturated fat 2.5 g	13% [‡]	Medium chain triglycerides 1.7 g	**
Polyunsaturated fat 1.5 g	**	(from refined coconut oil)	
Monounsaturated fat 2 g	**	Extra virgin olive (fruit) oil 1.2 g	**
Total carbohydrates 6 g	2% [‡]	Digestive Enzyme Blend 22 mg	**
Dietary fiber 4 g	14% [‡]	Alpha-amylase, protease, lactase, lipase, cellulase	
Total sugars <1 g	**	GlycoNutrient Blend 3.5 mg	**
Protein 21 g	31%	Arabinogalactan*** (from Larch (<i>Larix laricina</i>) tree extract), Aloe vera extract (inner leaf gel) powder [§]	
Vitamin D (as ergocalciferol) 15.8 mcg	79%		
Vitamin B ₁₂ (as cyanocobalamin) 1 mcg	42%		
Calcium 60 mg	5%		
Iron 7.0 mg	39%		
Sodium 290 mg	13%		
Potassium 100 mg	2%		

Other ingredients: Pea protein, pumpkin seed protein, almond protein, natural flavors, sea salt, rebaudioside A, rebaudioside M

CONTAINS ALMONDS

Manufactured for Mannatech, Incorporated,
1410 Lakeside Parkway, Suite 200,
Flower Mound, TX 75028 USA

[§]Manapol[®] Aloe vera extract

***Ambroguard[®] Arabinogalactan powder

[‡] Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Supplement Facts

Serving Size: 1 scoop Approximately (3.4 g)
Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Total Carbohydrate 1 g	<1% [‡]	Juice Powder, Ginger (<i>Zingiber officinale</i>) Root Powder, Capsicum annuum L. Fruit Powder	
Vitamin B ₆ (as Pyridoxine hydrochloride) 0.5 mg	29%	Milk Thistle (<i>Silybum marianum</i>) Seed Extract	120 mg **
FOS (Fructooligosaccharides) 300 mg	**	Burdock (<i>Arctium lappa</i>) Root Powder	25 mg **
Green Alkalizing Blend 243 mg	**	Turmeric (<i>Curcuma longa</i>) Root Extract	24 mg **
Alfalfa Grass Young Leaves Powder, Wheat Grass Young Leaves Powder, Barley Young Leaves Grass Powder, Lemon Fruit Juice Powder, Kale (<i>Brassica oleracea</i>) Leaves Powder, Astragalus Root Powder, Spirulina Whole Algae Plant Powder, Oat Young Leaves Grass Powder, Chlorella Whole Plant Powder		Enzyme Blend Alpha-amylase, Neutral Protease, Lactase, Lipase and Cellulase	5.5 mg **
CeleryPure Blend 200 mg	**	Aloe vera inner leaf gel extract powder [†]	2 mg **
Celery (<i>Apium graveolens</i> L.) Stem and Leaf Powder, Lemon (<i>Citrus limonum</i> R.) Fruit Juice Powder, Apple (<i>Malus pumila</i>) Fruit			

Other Ingredients: Xylitol, malic acid, natural flavors, citric acid, steviol glycosides

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[†]Manapol Aloe vera inner leaf gel extract

[‡]Percent Daily Value based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 5	
Proprietary Blend 540 mg	†
(<i>Salacia chinensis</i> extract (root), <i>Garcinia cambogia</i> extract (fruit) standardized to 60% hydroxycitric acid, <i>Zingiber officinale</i> extract (root), Rice hull concentrate, Arabinogalactan (from <i>Larix spp.</i> wood), Gum Tragacanth, Modified citrus pectin, Aloe Vera Inner Leaf Gel Extract Powder [§] , Chromium polynicotinate, Sodium alginate)	

[†] Daily Value not established.

[§]Manapol[®] Aloe Vera Extract
Other ingredients: Hydroxypropyl methylcellulose, GLUTEN FREE
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