



Get More from Your Combination Product A Little Perk of Energy



Combination products are everywhere and this can make it difficult to decide which is the right one for you. Catalyst™ caplets stand apart by offering antioxidants and herbal extracts, as well as a comprehensive range of vitamins and minerals your body needs to help keep you healthy.

To get more out of your Combination Product, start taking Catalyst caplets today!

Benefits:

- Antioxidant support.
- Calcium and vitamin D₃ contribute to the development and maintenance of bones and teeth.
- Zinc, vitamins A and C, and Larch Arabinogalactan help to maintain immune function.
- Alpha Lipoic Acid provides antioxidants for the maintenance of good health and helps to promote healthy glucose metabolism.
- Provide vitamins B and E, magnesium, alpha-lipoic acid, choline, selenium, manganese, and chromium.
- Manganese is an essential nutrient that is involved with normal cell growth and generation of the immune response.

FUN FACT

The best source of vitamin D for your body is actual sunlight! However, most people don't spend enough time outdoors, so it's crucial to get your vitamin D from natural supplements.

Catalyst Supplement Facts

Each tablet contains/Elke tablet bevat:

Vitamins/Vitamiene	
Ascorbic acid (vitamin C)/Vitamiene C (askorbienzuur)	90 mg
D-calcium pantothenate/Kalsium-D-pantoteenat	13 mg
providing/verskaf pantothenic acid (vitamin B ₅)	
/pantoteensuur (vitamiene B ₅)	10 mg
Niacinamide (vitamin B ₃)/Niasinamied (vitamiene B ₃)	5 mg
Pyridoxine hydrochloride/Pyridoksienhidrochloried	2,25 mg
providing/verskaf pyridoxine (vitamin B ₆)/pyridoksien (vitamiene B ₆)	1,5 mg
Pyridoxal-5-phosphate monohydrate/Pyridoksal-5-tostaatmonohidraat	0,4 mg
providing/verskaf pyridoxine (vitamin B ₆)/pyridoksien (vitamiene B ₆)	0,23 mg
Riboflavin (vitamin B ₂ from <i>Ashbya gossypii</i> yeast)	1,7 mg
/Riboflaviene (vitamiene B ₂ van <i>Ashbya gossypii</i> gis)	2 mg
Thiamine mononitrate/Tiamienmononittraat	1,5 mg
providing/verskaf thiamine (vitamin B ₁)/tiamien (vitamiene B ₁)	253 IU
Beta-carotene (vitamin A)/Beta-karoteen (vitamiene A)	100 IU
Cholecalciferol (vitamin D ₃)/Cholekalsiferol (vitamiene D ₃)	100 IU
Vitamin E (as d-alpha-tocopheryl succinate, mixed tocopherols and tocotrienols)/Vitamiene E (as d-alfa-tokoferielsuksinaat, gemengde tokoferole en tokotrienol)	15 IU
Folic acid/Folienzuur	100 µg
Biotin/Biotien	75 µg
Cyanocobalamin (vitamin B ₁₂)/Sianokobalamien (vitamiene B ₁₂)	6 µg
Minerals/Minerale	
Calcium carbonate/Kalsiumkarbonaat	700 mg
providing/verskaf calcium (elemental)/kalsium (elementêr)	249 mg
Calcium citrate malate glycinate/Kalsiumsittraat-malaat-glisinaat	5 mg
providing/verskaf calcium (elemental)/kalsium (elementêr)	1 mg
Magnesium oxide/Magnesiumoksied	100 mg
providing/verskaf magnesium (elemental)/magnesium (elementêr)	58 mg
Magnesium glycinate/Magnesiumglisinaat	5 mg
providing/verskaf magnesium (elemental)/magnesium (elementêr)	1 mg
Zinc glycinate/Sinkglisinaat	18,8 mg
providing/verskaf zinc (elemental)/sink (elementêr)	3,75 mg
Boron glycinate/Boorglisinaat	10 mg
providing/verskaf boron (elemental)/boor (elementêr)	0,5 mg
Copper bisglycinate/Koperbisglisinaat	2 mg
providing/verskaf copper (elemental)/koper (elementêr)	0,5 mg
Manganese glycinate/Manganglisinaat	3,2 mg
providing/verskaf manganese (elemental)/mangaan (elementêr)	0,5 mg
Chromium nicotinate glycinat/Chroomnikotinaat-glisinaat	1980 µg
providing/verskaf chromium (elemental)/chroom (elementêr)	50 µg
Selenium L-methionine/Selenium-L-metionien	10 000 µg
providing/verskaf selenium (elemental)/selenium (elementêr)	50 µg
Vanadium glycinate/Vanadiumglisinaat	2 200 µg
providing/verskaf vanadium (elemental)/vanadium (elementêr)	40 µg
Potassium iodide/Kaliumjodied	50 µg
providing/verskaf iodine (elemental)/jodium (elementêr)	37,5 µg
Molybdenum glycinate/Molibdesglisinaat	9 400 µg
providing/verskaf molybdenum (elemental)/molibdeen (elementêr)	18,75 µg
<i>Arthrospira plantensis</i> Gomont (Spirulina) powder/poeier	50 mg
Ambroglycin®	46 mg
providing/verskaf <i>Nasturtium officinale</i> R.Br. (Watercress/Bronkorsblaar)	16 mg
[aerial parts powder]/[poeier van boggrondse gedeeltes]	
<i>Pisum sativum</i> L. (Green pea/Groen-ertjie) fiber/vessel	9,7 mg
[dried field pea hulls/gedroogde veld-ertjedoppe]	
<i>Spinacia oleracea</i> L. (Spinach/Spinasie)	9,7 mg
[leaf powder/blaarpoeier]	
<i>Zingiber officinale</i> Roscoe (Ginger/Gemmer)	9,7 mg
[root powder/wortelpoeier]	
Ambrotose® Complex/Kompleks	1 mg
providing/verskaf <i>Acacia senegal</i> (L.) Britton (Acacia gum/gom)	0,73 mg
[exudate/ekskudat]	
<i>Larix laricina</i> (Du Roi) K. Koch or/of <i>Larix occidentalis</i> Nutt.	
(Larch Arabinogalactan/Lariks Arabingalaktaan)	0,2 mg
<i>Astragalus gummifer</i> Labill. (Tragacanth/Tragakant)	50 µg
Manapol® <i>Aloe vera</i> (L.) Burm.f. (Aloe/Aalwyn)	20 µg
[inner leaf gel/jel van binneste blare, 415:1 extract, providing 8,3 mg fresh herb equivalent/415:1 ekstrakt, lewer 8,3 mg vars kruie-ekwivalent]	
Lecithin/Lesitien (from/van <i>Helianthus annuus</i> L. seed/saad)	33,8 mg
Phytonutrient complex 2/Fitovoedingskompleks 2	12,5 mg
providing/verskaf <i>Citrus x aurantium</i> L. (Orange/Lemoen)	2,5 mg
[peel powder/skilpoeier]	
<i>Glycine max</i> L. (Soy Protein Isolate/Sojaproteïenisoalaat)	2,5 mg
<i>Malpighia glabra</i> L. (Acerola/Aserola)	2,5 mg
[fruit, 4:1 extract providing 10 mg of dried herb equivalent/vrug, 4:1 ekstrakt wat 10 mg gedroogde kruie-ekwivalent lewer]	
<i>Oryza sativa</i> L. (Rice bran/Rysstysel) powder/poeier	2,5 mg
<i>Rosa canina</i> L. (Rose hip/ Roosbottel) powder/poeier	2,5 mg
Inositol	6,25 mg
Alpha Lipoic Acid/Alfa-lipoliensuur	3,75 mg
Coenzyme Q10/Koënsiem-Q10 (Ubidecarenone/Ubidekarenone)	3 mg
Sugar free/Suikervry.	

Contains soy. Bevat soja.

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Indications/Indikasies: Catalyst is a combination complementary medicine intended to supplement your diet with vitamins, minerals, trace minerals, antioxidant and Ambrotose® complex to assist and support general well-being./Catalyst is 'n kombinasie aanvullende medisyne wat help om die dieet aan te vul met vitamiene, minerale, spoorminerale, anti-oksidente en Ambrotose®-kompleks wat help met die ondersteuning van algemene welsyn.

Dosage and directions for use/Dosis en gebruiksaanwysings:

Take two caplets twice daily (in the morning and afternoon) with 250 mL of water or juice./Neem twee kaplette met 250 mL water of sap, twee keer per dag (in die oggend en middag).

Sugar free/Suikervry

Warnings and special precautions/Waarskuwings en spesiale voorsorgmaatreëls:

If you are pregnant, breastfeeding, taking medicines, have a health condition or are planning a medical procedure, consult your healthcare provider before use. Discontinue use and consult a doctor if any adverse event occurs./Indien jy swanger is, borsvoed, ander medisyne gebruik, 'n gesondheidstoestand het of 'n mediese prosedure beplan, raadpleeg jou gesondheidsorgverskaffer. Staak die gebruik en raadpleeg 'n dokter indien enige ongunstige effekte voorkom.

Storage instructions/Bergingsaanwysings: Store at or below 25 °C, in a dry place. Keep the bottle tightly closed. KEEP OUT OF REACH OF CHILDREN. Do not use if inner seal is missing or broken./Bêre by of onder 25 °C, in 'n droë plek. Hou die bottel dig toe. HOU BUITE BEREIK VAN KINDERS. Moenie gebruik indien die binneste seël weg of stukkend is nie.

COMPLEMENTARY PRODUCTS: These Mannatech products pair well with Catalyst.



PLUS™ – Specially formulated with wild yam and beta-sitosterol to support hormonal effects and overall endocrine health, and L-lysine for the maintenance of good health.

Omega-3 with Vitamin D3 – Supports the maintenance of good health and helps improve and maintain cardiovascular health and brain health and function.

Manapol® – Manapol is 100% Aloe vera gel powder that is harvested from volcanic soil for ultra- purity. Including the very high molecular weight acemannan polysaccharides (1-2 million daltons) as defined by the American Chemical Society, Manapol provides a very rich natural source of Glycans. The special process by which Manapol is harvested and processed may provide for a more potent and effective source of Glycans.

**IF YOU WANT A LITTLE PERK FROM YOUR MULTIVITAMIN,
CONTACT ME TODAY:**

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